

KENTUCKY CABINET FOR HEALTH AND FAMILY SERVICES

Stop, Collaborate & Listen: How Kentucky's Leaders are Working with Kentuckians to Meet Their Full Human Potential



Greetings

- Victoria Elridge, Commissioner
 - Department for Aging and Independent Living
- Lisa Lee, Commissioner
 - Department for Medicaid Services
- Marta Miranda-Straub, Commissioner
 - Department for Community Based Services
- Wendy Morris, Commissioner
 - Department for Behavioral Health, Developmental and Intellectual Services



When someone says "STOP" I never know if its In the Name of Love, Hammer Time, or if I am supposed to collaberate and listen







Interaction is a Must

 Our brains retain more information when we are able to interact with one another

"Ice Ice Baby" song as a cue to interact in the

chat

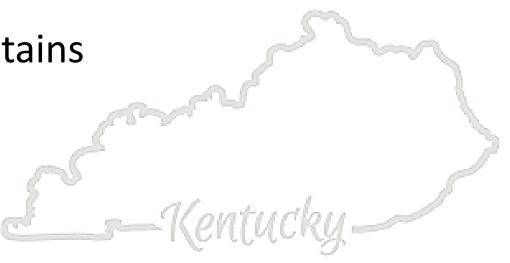
• Interaction Cue: <





What do you think of when you hear Kentucky?

- Horses
- Derby
- Basketball
- Muhammed Ali
- Appalachian Mountains
- Bourbon
- Mammoth Cave
- Bluegrass Music

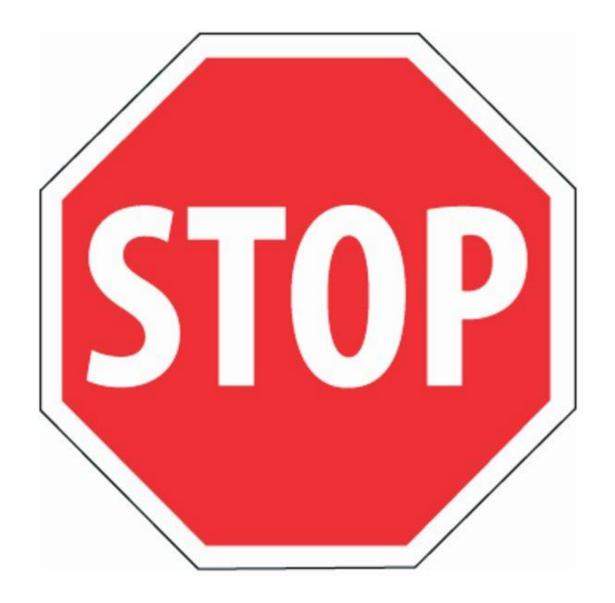




Kentucky is.....

- Birthplace of Bourbon and Corvettes
- Horse Capitol of the World
- Known for raising celebrities, musicians, and athletes
- One of the few places to see a Moonbow
- Home of Bourbon balls
- Birthplace of Racial Reckoning
- One of the first states to implement ACA







Kentucky's Overview

Dept. for Aging and **Independent Living** Governor Dept. for Behavioral Health, Development and Intellectual Disabilities **Cabinet for Health** and Family Services Dept. for Community Based Services Dept. for Medicaid Services



CHFS Mission

To be a diverse and inclusive organization providing programs, services, and supports that protect and promote the health and wellbeing of all Kentuckians and their communities



CHFS Pillars





Department for Aging and Independent Living

- State Unit on Aging- Older Americans Act Services
- State Guardianship
- Physical Disability and Caregiving State General Funded Programs
- Assisted Living
- Aging and Physical Disability Medicaid Waiver and Participant Directed Services for all waivers
- Office of Dementia Services
- PACE standards and monitoring



Department for Behavioral Health, Developmental, and Intellectual Disabilities

- Mental health & substance use services
- Developmental and intellectual disabilities services
- Acute and residential facilities
 - Psychiatric Hospitals and Nursing Homes
 - Intermediate Care Facilities and Specialty Clinics
- Community Mental Health Centers



Department for Community Based Services

- Child/Adult Protective Services
- Childcare Programming
- Foster Care and Adoption
- Benefits
 - SNAP
 - KTAP
- Medicaid Certification
- Prevention



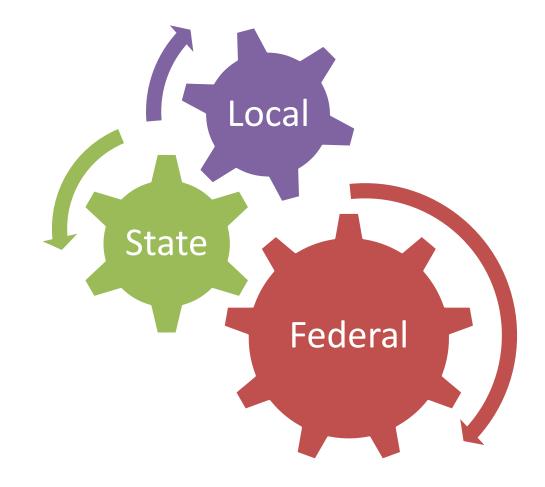
Department for Medicaid Services

- State plan insurance for 1.6 M Kentuckians
- Medicaid Expansion
- MCO Oversight
- Kynect Benefits
- Kynect Resources
- Children's Health Insurance
- 6 Home and Community Based Waivers
- PACE



Interaction Time

 What role do you serve in your agency?

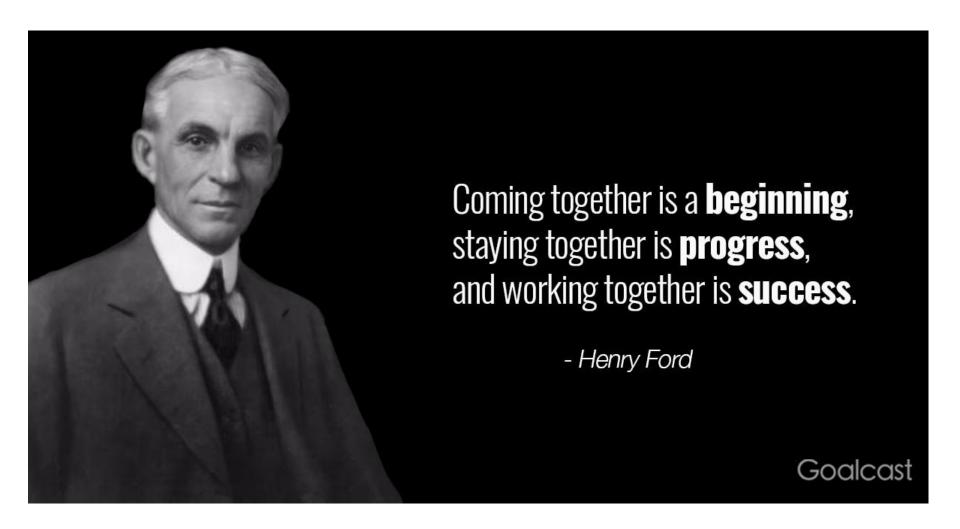




Collaborate









Lifespan of Full Human Potential





Collaborative Process

Leadership Support Monthly Meetings

At the Table Together

Communicate, Communicate, Communicate

Transparency

Radical Self-Care

Vulnerability

Recognize Intersectionality



Collaborative Process - Equity

- Executive Advisor Hired in Behavioral Health
 - Provided topical education and technical assistance
 - Identified champions for each division
 - Developed division level teams
 - Teams developed SMART goals
 - DBH: Clinical training for CMHCs on racial trauma
 - AFM: Increase number of registered minority vendors
 - Regular report to commissioner



Equality vs Equity







Social Justice





Collaborative Process - Equity

- Cabinet spread
 - Assisted other departments to follow suit
- Cabinet Community of Practice
 - Representatives from each departmental team
 - Cross-cabinet collaboration
 - Regular report to cabinet secretary
- External Community of Practice
 - Expanded beyond cabinet
 - Regional opportunities with state hospitals and community mental health centers



Collaborative Process- Trauma and Resilience

- Cabinet wide trauma and resiliency core leadership team
- Organizational/Departmental resilience roundtable leaders
- Fostering resilience supervisor training
- Marriage of Compassion to Resilience Workshops



Collaborative Process- Trauma and Resilience

- Organizational and Team Resilience
- Characteristic of Resilient Organizations
- Policy and Practice
- Beyond Individual Responsibility
- TIC Language
- Debriefing Groups
- Caring Circles
- A Community of Practice



Collaborative Process- Trauma and Resilience

- The Continuum: Chronic Stress, Burnout, Compassion Fatigue, Vicarious Trauma, Secondary Stress/Trauma, Impairment
- Accessibility-Empowerment-Authenticity-Vulnerability
- Trusted Advisors: Staff/Clients/Partners
- Decreasing Barriers-Increasing Access

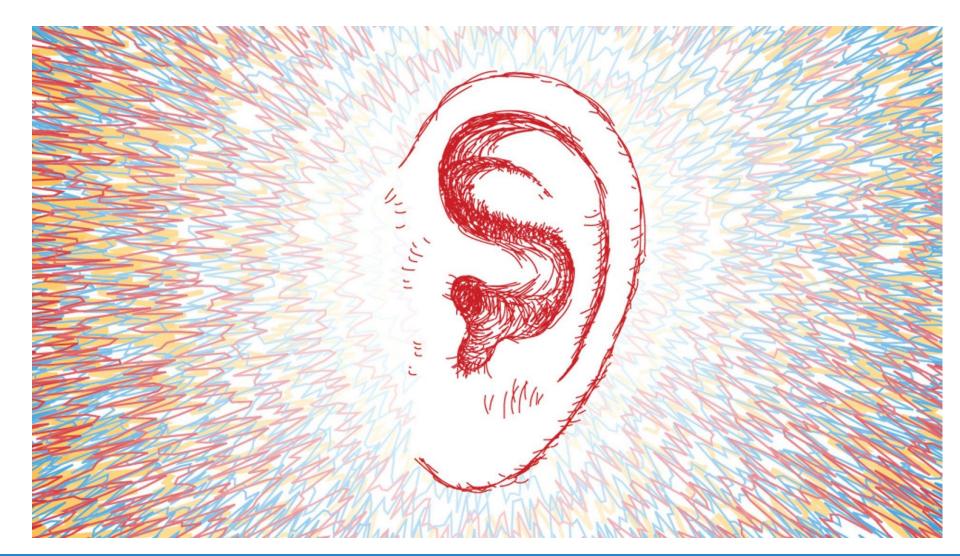


Interaction Time

What does your agency do to support a



Listen





- Vaccine Equity
 - DAIL: Aging and Vulnerable Population
 - DCBS: Maternal Outreach
 - DBHDID: Vulnerable Populations and Mental

Health

– DMS: MCO Partnership

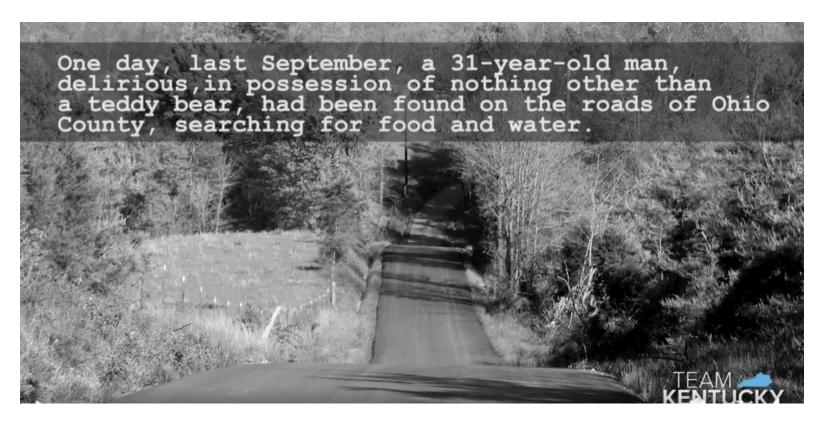


- Mobile Crisis Collaboration
 - DAIL: Aging and State Guardianship
 - DBHDID: Mental Health
 - DMS: Payor
 - DCBS: First on Scene





Mark's Story



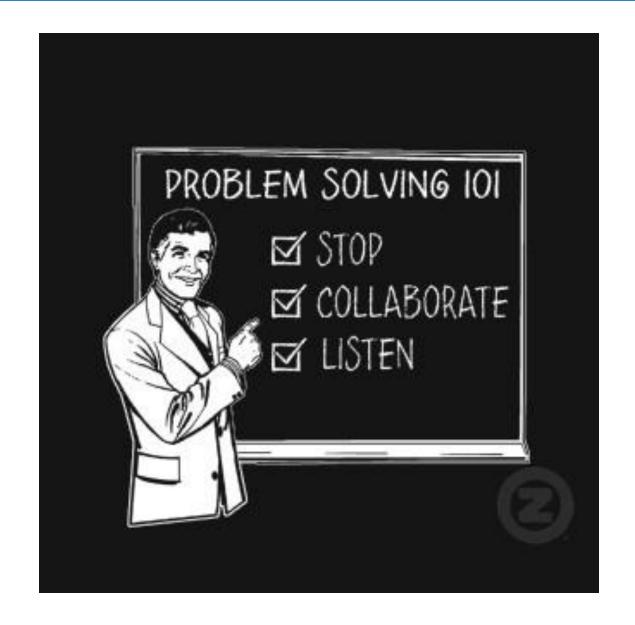


- Mark's Story
 - DCBS: APS contact
 - DAIL: State Guardianship Individual
 - DBHDID: Lifeskills Crisis Stabilization Unit and Western State Psychiatric Hospital
 - DMS: Payor for Services









Thank You



For ALL You Do!