

## IDEAL RRTC Disability Webinar Series

# POLICY SOLUTIONS TO SUPPORT FAMILY CAREGIVERS



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Wed, Jan 27, 2021 01:00 PM in EST

[Register Here](#)

According to the AARP, over 43 million adults currently provide unpaid care to family members or friends in the United States, with an estimated economic value of approximately \$470 billion in 2017. Almost 40% of all caregivers find their caregiving situation to be emotionally stressful. When caregivers feel they had no choice in assuming their caregiving responsibilities, this percentage increases to 53%. Recent trends that shift care from institutional to home-based settings and the isolating impact of the COVID-19 pandemic are creating an even greater sense of urgency to find ways to better support caregivers.

This webinar will review the current state of informal or family caregiving in the United States, describe the research on factors that impact caregiver stress, and discuss various policy solutions at the local, state and national level.

Accessibility Accommodations: Communication Access Real-time Translation (CART) will be provided.

*\*The IDEAL RRTC is funded by a grant from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR #90RTHF0001).*

