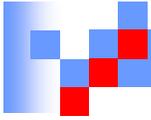


# TEXOMA REAL CHOICE PROGRAM

**CONNECTING PERSONS WITH  
DISABILITIES TO REAL SERVICE OPTIONS**

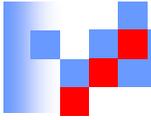
*A program of the Texoma Council of Governments Area Agency on Aging*



**THROUGHOUT HISTORY, MAN HAS TRAVELED AROUND THE WORLD IN SEARCH OF LAND, NEW PLACES, GOLD, SILVER, STUFF.....**

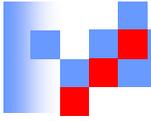


**IN ORDER TO FIND THESE THINGS ....GOLD, SILVER... STUFF....  
THERE HAS BEEN A NEED FOR A GUIDE, A NAVIGATOR, WHO KNEW  
WHERE ALL THE GOOD STUFF WAS .... AND HOW TO GET THERE....**



**AS MAN CONQUERED THE WORLD.....**



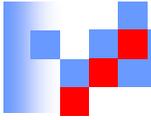


## AND OPENED NEW FRONTIERS.....



**AS THE EXPLORERS CROSSED OCEANS, CONTINENTS AND  
CONQUERED NEW HORIZONS THERE WAS A NEED FOR SOMEONE  
TO BE A GUIDE...**





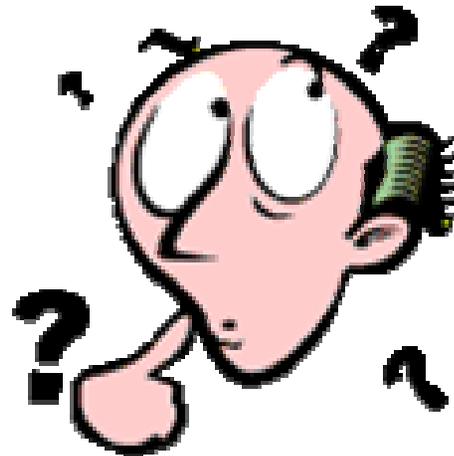
**EVEN TODAY....**

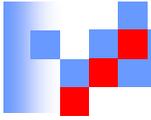
**IN OUR MODERN AGE OF INSTANT INFORMATION ....**

**IT'S EASY TO GET LOST WITHOUT HELP IN NAVIGATING THE SYSTEM**

**AND FINDING AVAILABLE**

**RESOURCES...**

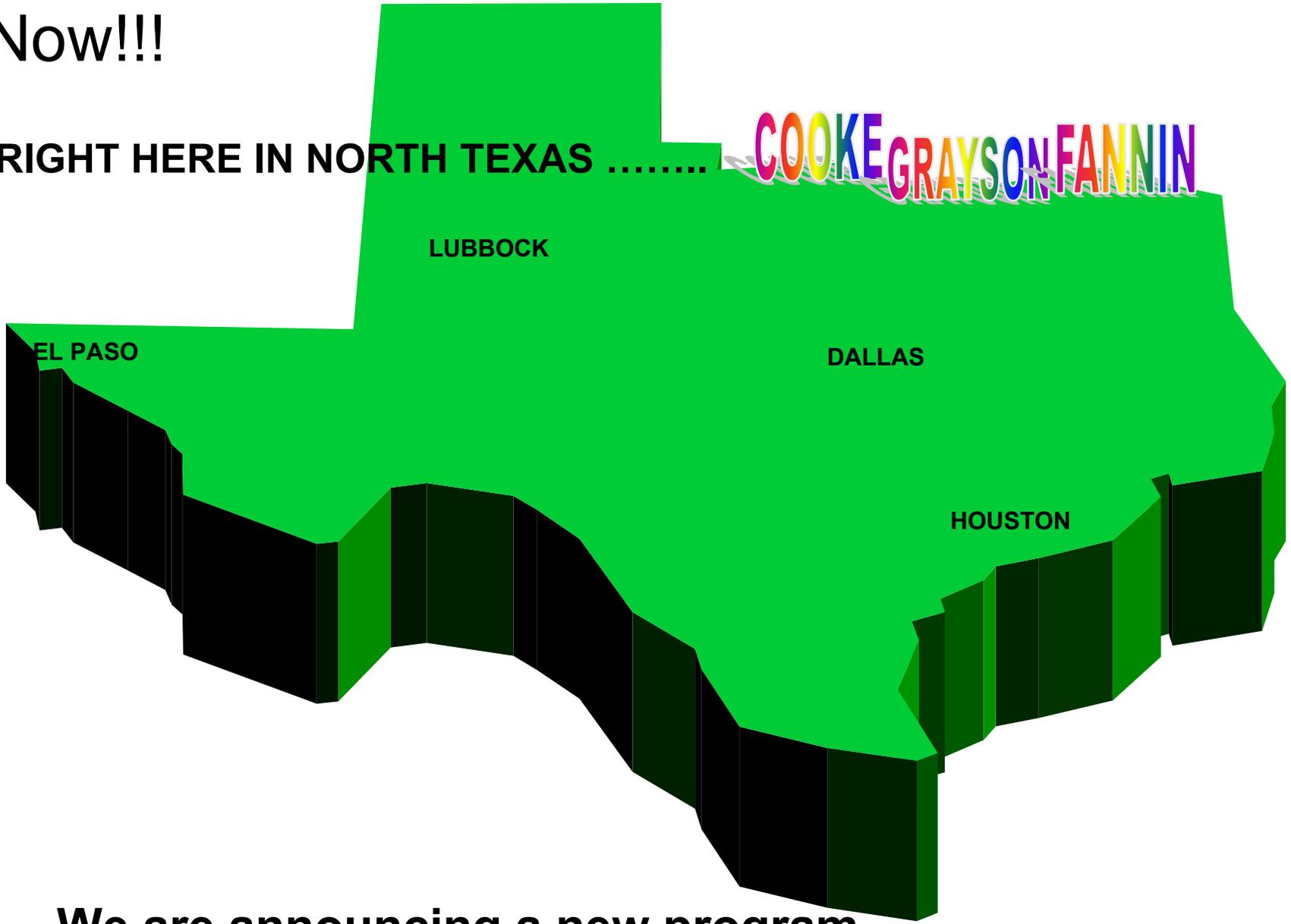




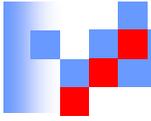
**Now!!!**

**RIGHT HERE IN NORTH TEXAS .....**

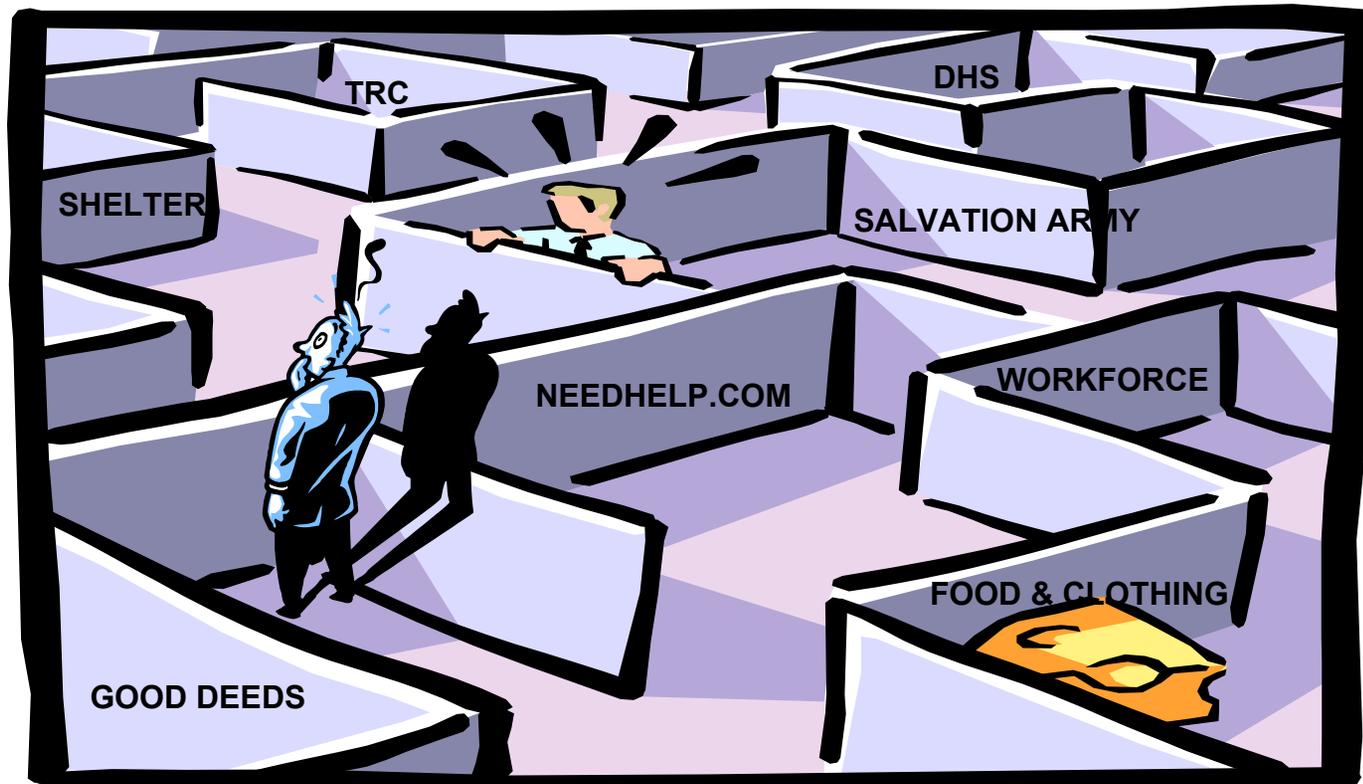
**COOKE GRAYSON FANNIN**

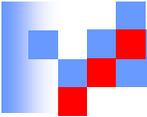


**We are announcing a new program.....**



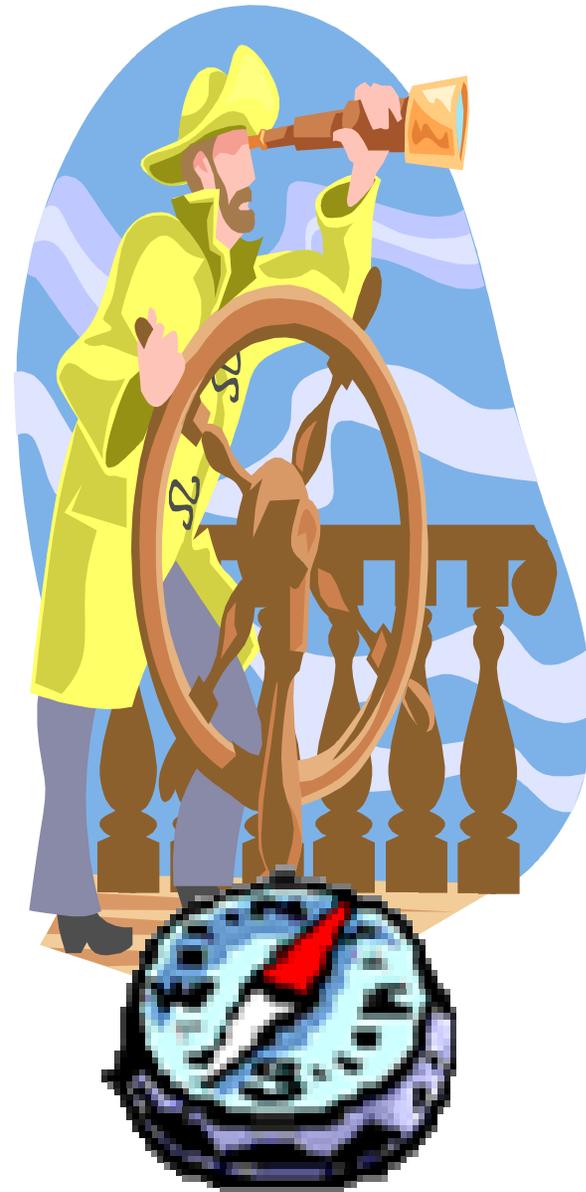
**TODAY PEOPLE OF ALL AGES WITH DISABILITIES HAVE  
SOMEONE TO HELP THEM THROUGH THE MAZE OF SOCIAL  
SERVICE ORGANIZATIONS AND AGENCIES IN THE TEXOMA  
REGION...**

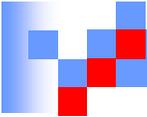




**TEXOMA REAL CHOICE NOW HAS  
DISABILITY SYSTEM NAVIGATORS.**

**NAVIGATORS ARE GUIDES, SIMILAR TO  
THE LIGHTHOUSES AND LANDMARKS  
USED THROUGHOUT THE AGES,  
AVAILABLE TO ASSIST PEOPLE THROUGH  
THE SYSTEMS AND SUPPORT GROUPS**



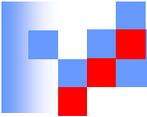


**IN THE FAST PACED, MODERN WORLD WE HAVE MORE CHOICES THAN EVER BEFORE AND ALL THOSE CHOICES CAN BE CONFUSING TO THE CONSUMER.**

**REAL CHOICE SYSTEM NAVIGATORS CAN WORK WITH A CLIENT AND PERSONALLY LEAD THEM THROUGH ALL THE STEPS NECESSARY IN OBTAINING THEIR GOAL.**



**NAVIGATORS WILL BE HELPFUL TO YOUR AGENCY OR GROUP BY SUPPORTING CLIENTS AS THEY COMPLETE FORMS OR MAKE APPOINTMENTS. CLIENTS WILL HAVE THE SUPPORT NEEDED TO UNDERSTAND THE GUIDELINES OF YOUR AGENCY OR GROUP ENABLING THEM TO MAKE THE RIGHT CHOICES FOR THE SERVICES THEY REQUIRE.**



## TEXOMA REAL CHOICE PROGRAM NAVIGATORS ARE :



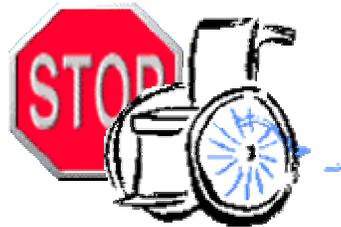
**PROFESSIONALLY TRAINED, HICAP CERTIFIED,  
CONSULTANTS TO CONSUMERS AND THEIR FAMILIES**

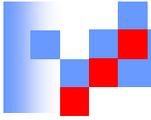


**FAMILIAR WITH LOCAL AGENCIES AND SUPPORT  
SERVICES**



**CAN OPEN DOORS TO ASSIST CONSUMERS IN ACCESSING  
SERVICES**

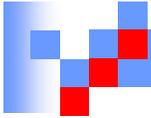




**A NAVIGATOR FUNCTIONS AS A LIAISON BETWEEN STATE AGENCIES, LOCAL ORGANIZATIONS, & COMMUNITY SERVICE PROVIDERS IN THE GRAYSON, FANNIN & COOKE COUNTY AREAS.**

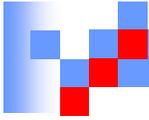


**THE NAVIGATOR CAN ASSIST CLIENTS TO IDENTIFY & OBTAIN FORMAL SERVICES, COMMUNICATE WITH LOCAL ORGANIZATIONS, COORDINATE INFORMAL FAMILY SUPPORT.**



## **SERVICES INCLUDED ARE:**

- **COMPREHENSIVE INFORMATION & REFERRAL**  
INCLUDES ONE-ON- ONE CLIENT ASSESSMENT REGARDING HOW DIFFERENT SOCIAL SERVICE SYSTEMS AND LOCAL ORGANIZATIONS FUNCTION AND IF THOSE SERVICES CAN MEET THE CLIENT'S NEEDS
- **FINANCIAL & ENVIRONMENTAL ASSESSMENTS**  
AVAILABLE TO HELP NAVIGATORS DETERMINE CLIENT ELIGIBILITY FOR FORMAL PROGRAMS AND MAKE APPROPRIATE RECOMMENDATIONS TO THE CLIENT REGARDING SERVICES AVAILABLE
- **SERVICE ARRANGEMENTS**  
INCLUDES ASSISTING CLIENTS IN ARRANGING SERVICES, MAKING APPOINTMENTS, COMPLETING PAPERWORK, AND GUIDING THEM TO THE APPROPRIATE PERSONNEL AT OTHER AGENCIES AND ORGANIZATIONS



- **CARE PLAN DEVELOPMENT**

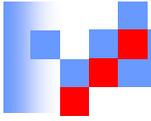
**NAVIGATORS MEET WITH CLIENTS, AGENCIES, SUPPORT GROUPS, AND FAMILIES TO DETERMINE A LONG TERM PLAN SO CLIENTS CAN MAXIMIZE BENEFITS/ SERVICE OPTIONS**

- **BENEFITS ADVOCACY**

**AS HICAP CERTIFIED BENEFITS COUNSELORS, THE NAVIGATORS CAN ASSIST CLIENTS IN FILLING OUT SSI, SSDI, VA FORMS, ADVANCE DIRECTIVES, AND OTHER PUBLIC BENEFITS APPLICATIONS. NAVIGATORS ARE ALSO AVAILABLE TO SUPPORT CLIENTS IN THE BENEFITS APPEAL PROCESS FOR SSI & SSDI**

- **CLIENT ADVOCACY**

**NAVIGATORS ARE AVAILABLE TO MEDIATE DIFFICULT SITUATIONS THEREFORE IMPROVING COMPATABILITY BETWEEN CLIENTS WISHES / NEEDS AND SOCIAL SERVICE SYSTEMS LIMITATIONS**



**THIS PROGRAM OFFERS:**



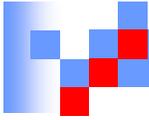
**GUIDANCE AND ASSISTANCE LEADING TO INDEPENDENT LIVING FOR THOSE INDIVIDUALS WHO ARE PHYSICALLY OR MENTALLY CHALLENGED.**



**HELP FOR FAMILIES WHO PREFER HOME OR COMMUNITY BASED ALTERNATIVES TO INSTITUTIONAL CARE AND ADVOCACY FOR THOSE WHO WISH TO TRANSITION FROM AN INSTITUTION BACK INTO THE COMMUNITY OR THEIR HOME.**



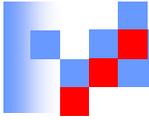
**HELP !!**



**A Simple Referral Form Is Available To Your Agency Or Support Group Containing Information That Can Be Shared Between Agencies.**

**The Form Has Appropriate Basic Information About The Client, Nine Simple Questions Determining The Client's Needs, And A Release Form.**

**Faxing The Form To Texoma Real Choice Program At The Number On The Top Of The Form Will Get Things Started. We Will Contact You And The Client, Assess What Our Role Will Be, Make Phone Calls, Set Appointments, And Help Clients Acquire Services**



**TEXOMA REAL CHOICE PROGRAM  
REFERRAL FOR DISABILITY NAVIGATOR SERVICES  
FAX: 903-813-3568**



**DATE:** \_\_\_\_\_

**REFERRING AGENCY / ENTITY:** \_\_\_\_\_

**NAME OF PERSON MAKING REFERRAL:** \_\_\_\_\_

**TELEPHONE** \_\_\_\_\_ **E-MAIL** \_\_\_\_\_

**CLIENT INFORMATION**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**SEX:**  M  F **DATE OF BIRTH:** \_\_\_\_\_ **AGE** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**ETHNICITY:**  BLACK  CAUCASIAN  NATIVE AMERICAN  HISPANIC  ASIAN  OTHER  UNKNOWN

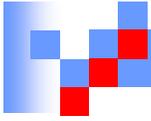


**PLEASE REFER YOUR CLIENT TO TEXOMA REAL CHOICE IF ANY OF THE FOLLOWING ANSWERS ARE YES:**

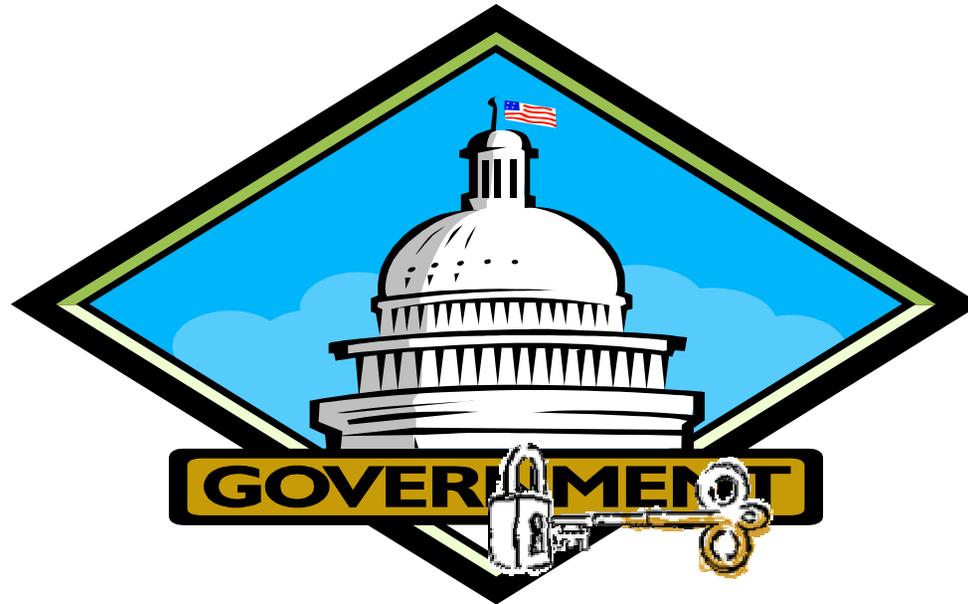
- 1. IS THE CLIENT MOVING OR DESIRING TO RELOCATE FROM AN INSTITUTION TO A MORE INDEPENDENT COMMUNITY SETTING**
- 2. DOES THE CLIENT NEED ASSISTANCE TO BE COMPLIANT WITH MEDICAL TREATMENTS**
- 3. DOES THE CLIENT NEED INFORMATION OR REQUIRE ASSISTANCE TO ACCESS PUBLIC BENEFITS, INSURANCE, OR MEDICAL DIRECTIVES**
- 4. DOES THE CLIENT REQUIRE ASSISTIVE DEVICES OR DURABLE MEDICAL EQUIPMENT**
- 5. DOES THE CLIENT REQUIRE ADDITIONAL TRAINING TO BE EMPLOYABLE**
- 6. DOES THE CLIENT NEED ASSISTANCE WITH OBTAINING / MAINTAINING HOUSING**
- 7. DOES THE CLIENT NEED HELP WITH MANAGING HIS / HER MONEY**
- 8. DOES THE CLIENT NEED HELP WITH ESTABLISHING PERSONAL GOALS**
- 9. DOES THE CLIENT NEED TRANSPORTATION FOR MEDICAL OR OTHER PURPOSES**

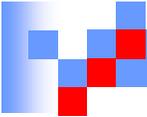
**I, \_\_\_\_\_, GRANT PERMISSION TO \_\_\_\_\_ TO RELEASE / OBTAIN INFORMATION**  
(NAME OF CLIENT) (NAME OF AGENCY)  
**TO/FROM TEXOMA REAL CHOICE IN ORDER TO HELP ME RECEIVE THE ASSISTANCE I NEED.**

**CLIENT SIGNATURE \_\_\_\_\_**  
**DATE \_\_\_\_\_**



**WE ARE HERE TO GUIDE PEOPLE TO AGENCIES OR TO SUPPORT GROUPS LIKE YOURS.....**





**CONTACT US:**

**ANNIE ANDERSON**  
**903-813-3544**

[aanderson@texoma.cog.tx.us](mailto:aanderson@texoma.cog.tx.us)



**VICKY CUPIT**  
**903-813-3542**

[vcupit@texoma.cog.tx.us](mailto:vcupit@texoma.cog.tx.us)

**NANCY TRUETT**  
**Phone / TTY 903-813-3559**  
[ntruett@texoma.cog.tx.us](mailto:ntruett@texoma.cog.tx.us)

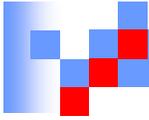


**WE CAN ALSO BE REACHED BY DIALING**

**2-1-1\***

**FROM ANY LAND LINE PHONE IN COOKE, GRAYSON,  
& FANNIN COUNTIES**

***\*(CURRENTLY NOT AVAILABLE FOR FREE AT ALL PAYPHONES)***



THIS IS A DEMONSTRATION PROJECT OF THE  
TEXAS HEALTH AND HUMAN  
SERVICES COMMISSION MADE POSSIBLE  
THROUGH

**“REAL CHOICE SYSTEMS GRANTS”**

FROM THE **FEDERAL CENTERS**  
FOR MEDICARE AND MEDICAID SERVICES

