

**Area Agencies on Aging and Independent Living Continued**

**Kentucky River:** (800) 928-5723 or (606) 436-3158 Breathitt, Knott, Lee, Leslie, Letcher, Perry, Owsley, Wolfe

**Lake Cumberland:** (800) 916-7092 or (270) 866-4200 Adair, Case, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne

**Lincoln Trail:**  
(800) 264-0393 or (270) 769-2393  
Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, Washington



**Northern Kentucky:**  
(866) 826-4118 or (859) 283-1885  
Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton

**Pennyrile:** (800) 928-7233 or (270) 886-9484 Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, Trigg

**Purchase:** (877) 352-5183 or (270) 247-7171 Ballard, Calloway, Carlisle, Fulton, Hickman, Graves, Marshall, McCracken

KyHealth Choices  
Consumer Directed Option  
Department for Aging and Independent Living  
275 East Main St., 3W- F  
Frankfort, Kentucky 40621  
(877) 293-7447  
(502) 564-6930

Cabinet for Health and Family Services



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## **What is Consumer Directed Option?**

Consumer Directed Option (CDO) gives Medicaid waiver members more choices in the way some Medicaid services are provided. With CDO you can choose who will provide services you need as well as how, when and where services will be provided.

## **Who is eligible?**

Members who qualify for the following waivers: Home and Community-Based (HCB) waiver provides respite, personal care, homemaking and attendant care for the elderly and people with disabilities.

Supports for Community Living (SCL) waiver provides community living supports, respite, adult day training and supported employment for persons with mental retardation/developmental disabilities.

Acquired Brain Injury (ABI) Waiver provides companion care, respite and personal care for persons with acquired brain injury.

Residential and medical services are not covered under the Consumer Directed Option. Your support broker can advise you about CDO eligible services.

## **Are there goods and services I can get with my budget?**

You can use some of your budget to buy goods and services to help you increase your independence or reduce your need for personal care.

## **What if I need help directing my services?**

You can choose a qualified friend or family

member to be your representative or ask your support broker to help you find a representative to help you direct your services. Your representative cannot charge for the help provided and may not be a paid employee.

## **What if I want to direct some services and keep other services with my current agency?**

You can blend services, keeping some services with your current provider and directing other services yourself.

## **What if I no longer want to direct my services?**

You can return to traditional service delivery at any time with no loss of services.

## **Who can provide CDO services?**

You and your representative may recruit, hire and supervise staff to provide services approved in your plan of care. You may hire qualified family members, friends, relatives, neighbors, an agency or others to provide the services you need.

## **Who helps me get services?**

A support broker will help you design a plan of care based on your personal needs. Your support broker will also help you decide staff duties, work schedules and wages and help you find staff to provide services. Support brokers work for local Area Agencies on Aging and Independent Living. Your support broker will work with a financial management agency employed by your Area Development District to prepare your employee payroll. You can use some of your budget to buy goods and supplies to help you live as independently as possible or reduce your need for services.

## **How Do I Get Started?**

Contact your local Area Agency on Aging and Independent Living:

**Barren River:** (800) 598-2381 or (270) 781-2381 Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren

**Big Sandy:** (800) 737-2723 or (606) 886-2374 Floyd, Johnson, Magoffin, Martin, Pike

**Bluegrass:** (866) 229-0018 or (859) 269-8021 Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford

**Buffalo Trace:** (800) 998-4347 or (606) 564-6894 Bracken, Fleming, Lewis, Mason, Robertson

**Cumberland Valley:** (800) 795-7654 or (606) 864-7391 Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley

**FIVCO:** (800) 499-5191 Boyd, Carter, Elliott, Greenup, Lawrence

**Gateway:** (606) 780-0090 Bath, Menifee, Montgomery, Morgan, Rowan

**Green River:** (800) 928-9094 or (270) 926-4433 Daviess, Hancock, Henderson, Mclean, Ohio, Union, Webster

**KIPDA:** (800) 928-6084 or (502) 266-6084 Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, Trimble