

I have the freedom to determine what happens in my own life. I have the support of a circle of family, friends and others who care about me. I have planning helpers who have the freedom to work with me for what I believe in.

I have the freedom to have life experiences the same as everyone else does and be a part of my community.

As an adult, I have the freedom to work and make enough money so I can support myself and have a better life.

I have the freedom to go to the same schools other people go to.

I am respected as the key decision maker in my life with my circle of support. I have the opportunity to be a part of helping to design and operate the system I rely on.

Critical Elements of a Self- Determined Life

I have an amount of money that I control to buy the supports I need.

I determine what kind of supports and services I use. I can have a broker who helps me set up and manage my supports. My broker has the freedom to help me get what I want and need.

I take responsibility for managing my budget with financial helpers who help me take care of the money without taking away my freedom.

I have the authority to develop a support budget using the amount of money the system has for me. With my helpers, I decide what supports to buy and how much to pay (within the guidelines of the system.)