

# Virginia Consumer Directed Services and Money Follows the Person

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# CONSUMER DIRECTED INITIATIVES

- Establishment of Consumer Directed Services
  - Grant from DD Council (Virginia Board for People with Disabilities) to Virginia Department of Rehabilitative Services and Centers for Independent Living
  - Department of Rehabilitative Services program
  - Medicaid Waivers
    - Consumer Directed PAS Waiver
    - Developmental Disabilities Waiver
    - Combining CDPAS Waiver with traditional Elderly or Disabled Waiver
    - AIDS and Mental Retardation Waivers

# Use of Medicaid CD Services

- People using Consumer Directed Services
  - 1999 – 52 people
  - 2008 – 5,896 people
  - Disability and age diversity
- Staff providing Consumer Directed Services
  - 1999 less than 100
  - 2008 approximately 8,000
- Challenges
  - Wages - \$8.90 / \$11.14 NOVA
  - Benefits - health insurance, worker's compensation

# Transition Initiatives

- Grants from Virginia Board for People with Disabilities to Centers for Independent Living
  - Nursing Home Outreach and Transition
    - 2005-2007
    - Outreach, Interviews, Transition
  - Institutions with Children in Residence
    - 2007-2008
    - Outreach, Interviews, Workshops, Transition

# Money Follows the Person

- Protocol and Guidebook
- Partners
- 3 Institutions, 5 Waivers
- Bridge Rent and Home Modifications
- 6 year old child – 97 year old woman
- Enhancement of Waivers
  - Transition coordination, transition service
  - Assistive Technology, Environmental Mods
- <http://www.olmsteadva.com/mfp/>

# CHALLENGES

- Housing
  - Statewide Independent Living Council
  - Community Integration Initiative
- Wages
- State Budget Deficit
- Case Management Limitations
- Availability of Foster Parents
- Payment for Services Needed Prior to Discharge
- Intermediate Care Facilities - MR
- Prevention of Institutionalization