12th Annual

Show Me Summit on Aging & Health

Call for Presentations

The Missouri Association of Area Agencies on Aging (MA4) invites you to submit a proposal to present at the annual Show Me Summit on Aging and Health, Missouri's only statewide conference on aging. The conference, hosting 300+ attendees and 50+ exhibitors will be held August 17-19, 2015 at the Lodge of Four Seasons in Lake Ozark, MO.

MA4 is the leading voice for service, information and advocacy to improve the lives of older Missourians, promoting continued physical, social and economic self-sufficiency. MA4 pursues elders' rights to choice and dignity in daily living, and provides its members with the essential information and education resources needed to deliver quality service.

Set Sail

for the uture



August 17-19, 2015

The Lodge of Four Seasons - Lake Ozark, MO

Criteria

The MA4 Conference Committee will review all proposals. Topics must:

- Address conference theme, target audience, and challenge attendees to think creatively
- Have potential for relevance across the state
- Be clear, focused, well organized, and interactive
- Feature experienced speaker(s) with significant expertise
- Priority will be given to innovative ideas

You will be **notified by April 10, 2015** of your session's acceptance.

If your proposal is not selected for a workshop/conference presentation, please indicate if you would be interested in presenting the topic in a poster session.

Education & Presentation Track Format

The Summit will present four (4) tracks: Stress Busters and Burnout Blasters; Aging Strong; Transformation of Senior Services; and Spotlight on Senior Achievements. Sample topic areas are the following:

- Caregiving Strategies
- Caring for your own needs....caring for others
- Wellness programs (mental and physical)
- Excellent senior achievements
- Innovative senior center programs

- Groundbreaking service outreach
- Successful pilot projects and partnerships
- Café concepts for senior centers
- Effective advocacy

We encourage audiovisuals and interaction during the 60-minutes workshops.

Speaker Obligations & Agreements

- Speakers must agree to finance their own conference expenses. This includes travel, handouts, honorariums, meals, lodging, etc.
- Ma4 will provide each speaker with an LCD projector, screen, and podium with microphone. A
 limited number of laptops will be available; speakers are responsible for bringing their
 presentations on flash drives. Speakers will provide any additional AV needs (e.g. CD players,
 etc.)
- Each presenter will receive one-day (education only) registration on the day of their scheduled presentation. Meal tickets can be purchased separately.
- Speakers must agree to pay regular registration rates if attending anything other than workshops and/or the exhibit hall on the day of their presentation.
- The coordinating speaker must agree to communicate with all co-presenters and deliver all relevant information to the Conference Planner.

Presentation Application

(PLEASE TYPE OR PRINT)

Presenter:		
Address:		
	Cell:	
Email:		
Co-Presenter(s):		
Organization:		
	Cell:	
Email:		
Presentation Title:		
Flease	Check the Track your Presentation falls under: ☐ Stress Busters and Burnout Blasters ☐ Aging Strong ☐ Transformation of Senior Services ☐ Spotlight on Senior Achievements	
Remen	 Moder to Attach: Biography sketch (50 words or less) Five measureable presentation objectives One paragraph narrative description for use Target audience for presentation Other information relevant to propose and contents 	
any costs related to m sessions on any day ot	senter, that I am responsible for all travel related conferency presentation at the conference. I understand there will there than the one on which I will be a presenter. I understancing my presentation is prohibited. I will inform my co-pres	be a registration fee if I attend nd that promoting a company,
i reserrer s signature.		_ Dutt

Electronic submissions are preferred. Please email all information to cedwards@ma4web.org.

Ma4

Show Me Summit on Aging and Health P.O. Box 104296 ~ Jefferson City, MO 65110 Phone 573-619-6185 ~ Fax 573-634-5722 Email: cedwards@ma4web.org

Website: www.ma4web.org



MUST BE RECEIVED BY MARCH 15, 2015 to be considered.

Tentative Agenda

Monday ,	August	17 .	2015
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Who We Are: Exploring the Ship We're On and the Ocean We're In

2000	
7:30 am	Registration
8:00 - 12:00 noon	Collaborative Meeting of Missouri Senior Services' Tax Fund Boards
8:30 - 12 noon	Ma4 Board Meeting
9:00 am - 12:30 pm	Exhibitor Set-up in Granada Ballroom (opens at 12:30 pm)
10:30 - 12:30 pm	Institute Training (includes a box lunch for Institute attendees) AAA Peer Meetings, Collaborations and Shared Learning
11:30 - 12:30 pm	Lunch on Your Own
12:30 pm	Exhibits Open
12:30 - 2:00 pm	Plenary Session "History of OAA, AAA, N4a, ma4 and senior legislation" OAA 50th Anniversary Celebration
2:00 - 2:30 pm	Opportunity to View Exhibits
2:30 - 3:30 pm	Ports of Call: Choose your Destination Interactive sessions
3:30 - 3:45 pm	Opportunity to View Exhibits
3:45 - 4:45 pm	Ports of Call: Choose your Destination
5:30 pm	Poolside Reception
7:00 - 9:00 pm	Tropic Island Cruise (optional activity)

Tuesday, August 18, 2015

Touring Achievements and Opportunities

7:00 am	Registration and Breakfast Buffet
7:00 - 3:30 pm	Exhibits Open
7:30 - 10:00 am	AIRS Certification Testing
8:00 - 9:30 am	Morning Plenary Session "Finding the Sweet Spot of Effectiveness and Relevance"

Tuesday, August 18, 2015 (continued)

9:30 - 10:00 am	Opportunity to View Exhibits
10:00 - 11:00 am	Ports of Call: Choose your Destination
11:00 - 11:30 am	Opportunity to View Exhibits
11:30 - 12:30 pm	Ports of Call: Choose your Destination
12:30 - 1:30 pm	Luncheon (plated)
1:30 - 2:30 pm	Ports of Call: Choose your Destination
2:30 - 3:00 pm	Opportunity to View Exhibits
3:00 - 4:00 pm	Ports of Call: Choose your Destination
4:00 - 4:15 pm	Break
4:15 - 5:15 pm	Ports of Call: Choose your Destination
5:45 pm	Dine with the Captain Casino Games

Wednesday, August 19, 2015 Setting Sight on the Islands Ahead

7:30 am	Registration and Breakfast Buffet
7.50 am	Registration and Dreaklast Buriet
8:30 - 9:45 am	Morning Plenary Session "Overview of what AAAs and the Industry are doing to reinvent themselves"
10:00 - 11:00 am	Speed Brainstorming for the Future: An Interactive Exchange of Ideas
11:00 - 11:15 am	Break
11:15 - 12:15 pm	Speed Brainstorming continued
12:15 - 1:00 pm	Box Lunch, Door Prizes and Final Announcements
1:00 pm	Set Sail to the Future

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