

Honor Thy Father and Mother

Keep Them Safe from COVID-19 During the Winter Holidays



Winter is an especially dangerous time for older people, when COVID-19 is in the air.

- **Did you know?** 94% of the 760,000 U.S. residents who have died from COVID-19 were over the age of fifty, including more than 250,000 who died last winter.¹



The greatest risk of infection comes from family members and friends who visit indoors and don't know they have COVID-19.

- **Did you know?** Being vaccinated doesn't completely eliminate your risk of getting or spreading COVID-19. You can have a "breakthrough case" of COVID-19, not have any symptoms, and accidentally infect others.



If older adults get COVID-19, they are much more likely than younger people to be hospitalized or die.

- **Did you know?** Unvaccinated older adults (ages 65+) are **90 to 570 times more likely to die** from COVID-19 than unvaccinated young adults (ages 18-29).²



Vaccines greatly reduce an older person's risks of getting a severe case of COVID-19.

- **Did you know?** Unvaccinated older adults are **15 times more likely to be hospitalized**³ and **11 times more likely to die**⁴ than fully vaccinated people of the same age.



Protect the ones you love, and who love you!

- Encourage and help your older relatives and friends to get vaccinated or get a booster shot, if eligible.
- Visit with family, friends, and others outdoors or in well-ventilated places.
- Wear masks indoors, especially if you are around unvaccinated people.
- If you are not vaccinated, don't endanger your loved ones: avoid close contact indoors unless you wear masks.

¹ <https://www.cdc.gov/nchs/nvss/iam/COVID19/index.htm>

² <https://www.cdc.gov/coronavirus/2019-ncov/covid-data/investigations-discovery/hospitalization-death-by-age.html>

³ <https://www.cdc.gov/media/releases/2021/p0429-vaccinated-adults-less-hospitalized.html>

⁴ <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/effectiveness/index.html>

Protect the Ones You Love, and Who Love You

Keep Older Adults Safe from COVID-19 During the Winter Holidays



Winter is an especially dangerous time for older people, when COVID-19 is in the air.

- **Did you know?** 94% of the 760,000+ U.S. residents who have died from COVID-19 were over the age of fifty, including more than 250,000 who died last winter.¹



The greatest risk of infection comes from family members and friends who visit indoors and don't know they have COVID-19.

- **Did you know?** Being vaccinated doesn't completely eliminate your risk of getting or spreading COVID-19. You can have a "breakthrough case" of COVID-19, not have any symptoms, and accidentally infect others.



If older adults get COVID-19, they are much more likely than younger people to be hospitalized or die.

- **Did you know?** Unvaccinated older adults (ages 65+) are **90 to 570 times more likely to die** from COVID-19 than unvaccinated young adults (ages 18-29).²



Vaccines greatly reduce an older person's risks of getting a severe case of COVID-19.

- **Did you know?** Unvaccinated older adults are **15 times more likely to be hospitalized**³ and **11 times more likely to die**⁴ than fully vaccinated people of the same age.



Protect the ones you love, and who love you!

- Encourage and help your older relatives and friends to get vaccinated or get a booster shot, if eligible.
- Visit with family, friends, and others outdoors or in well-ventilated places.
- Wear masks indoors, especially if you are around unvaccinated people.
- If you are not vaccinated, don't endanger your loved ones: avoid close contact indoors unless you wear masks.

¹ <https://www.cdc.gov/nchs/ncsi/vsr1/COVID19/index.htm>

² <https://www.cdc.gov/coronavirus/2019-ncov/covid-data/investigations-discovery/hospitalization-death-by-age.html>

³ <https://www.cdc.gov/media/releases/2021/p0428-vaccinated-adults-less-hospitalized.html>

⁴ <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/effectiveness/index.html>