Meeting the Needs of Older Adults with LTSS Integration
Case Studies of Successful Programs
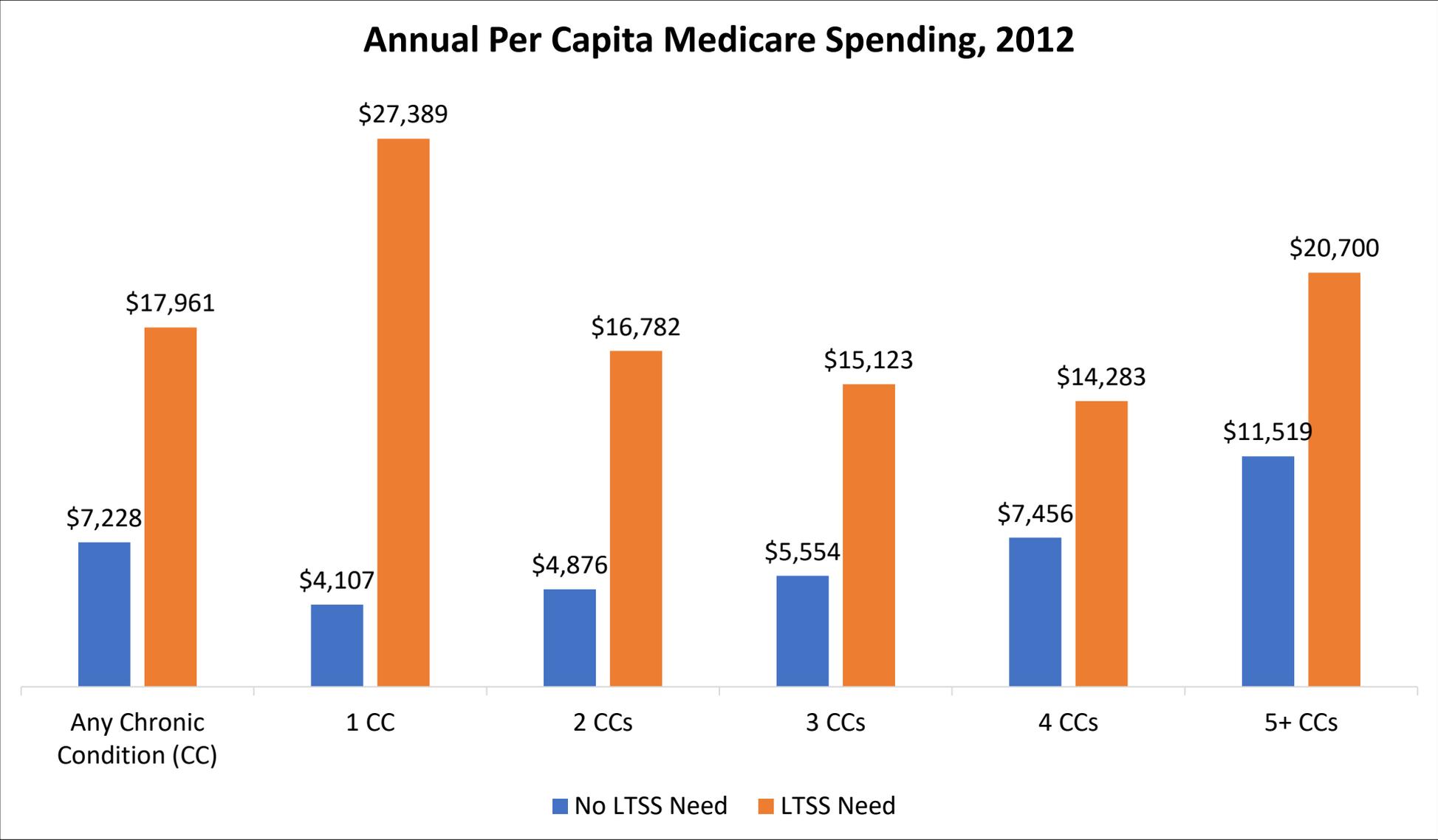

**LONG-TERM
QUALITY ALLIANCE**

Advancing high-quality, person- and family-centered, integrated long-term services and supports

What is the Long-Term Quality Alliance?

- LTQA is an alliance of national stakeholder organizations: LTSS providers, medical providers, managed care plans, consumers

- Mission: Advance high-quality, person- and family-centered, integrated long-term services and supports

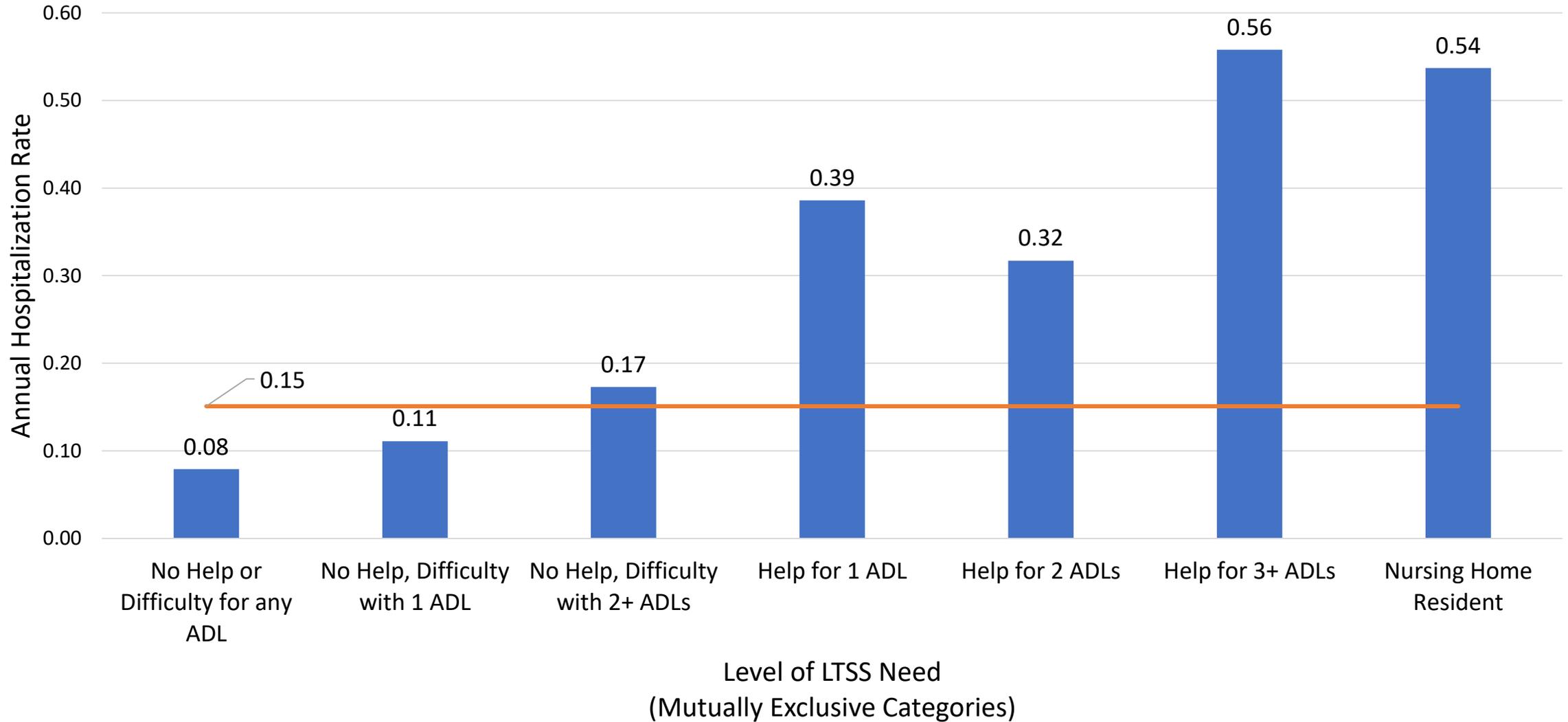- Current Initiative: Developing the Business Case for LTSS Integration

For seniors, a need for long-term services and supports has a major impact on medical outcomes

- LTSS and medical care are often separate worlds
  - Different providers
  - Different sources of payment
  - Different philosophies
- In some cases this seems to make sense: LTSS is really different from medical care!
- However, the need for LTSS seems to have a big impact on medical outcomes

Annual Per Capita Medicare Spending, 2012

	No LTSS Need	LTSS Need
Any Chronic Condition (CC)	$7,228	$17,961
1 CC	$4,107	$27,389
2 CCs	$4,876	$16,782
3 CCs	$5,554	$15,123
4 CCs	$7,456	$14,283
5+ CCs	$11,519	$20,700

■ No LTSS Need   ■ LTSS Need

Source: Anne Tumlinson, "Functional Impairments a Key Factor in Medical Spending," Fact Sheet, Anne Tumlinson Innovations, 2017.

LTSS Need and Hospitalization Rate

Source: Preliminary analysis of National Health and Aging Trends Study claims-linked data for LTQA, January 2017
Notes: Data is limited to individuals age 65 and older enrolled in fee-for-service Medicare

Uncoordinated, fee-for-service Medicare doesn't meet this population's needs

- Failure to provide all recommended preventive care and chronic disease management
- Hospital emergency rooms are most family's backup plan
  - PCP is not involved in—or even informed of—hospital admission
  - Post-discharge planning and transitional care is inadequate
- PCP often not aware of patients' LTSS needs, or if they are a caregiver to a loved one
- No point person for families to call when they are confused or overwhelmed

Defining LTSS integration

- Comprehensive Set of Integrated Services: Medical, Behavioral, LTSS
- Financial Integration
- Alignment with Primary Care Providers
- Person-Centered Care Management
  - Comprehensive Assessment and Care Planning
  - Interdisciplinary Care Team with Frequent Communication
  - Transition Care Management
  - Risk Stratification and Targeting

Case Studies of Integration

- 10 case studies profiling programs that successfully integrate LTSS with medical and behavioral care

- Programs included managed care plans, PACE, county health plans, a continuing care retirement community, and a medical group taking population risk.

- Detailed description of program approach to integration, including care management strategy, relationships with providers, quality measurement, and outcomes.

Download the Case Studies: http://www.ltqa.org/publications/