MinnesotaHelp.info

A NO WRONG DOOR APPROACH TO AGING WELL AND LIVING WELL







GOALS OF TODAY

- Discuss the evolution of the MinnesotaHelp Network
- Explain Minnesota's Model
- What works well in Minnesota
- What's coming in the future



MinnesotaHelp.info

Why the Minnesota Help Network?

Minnesota's rainy day fund is drained, and now we're in a budget storm By Sharon Schmickle | Friday, Feb. 12, 2010

Medicaid's Ticking Bomb - Long Term Care -Could Wipe Out State Budgets ... "Will nearly double by 2030" Kaiser Health News (2010)

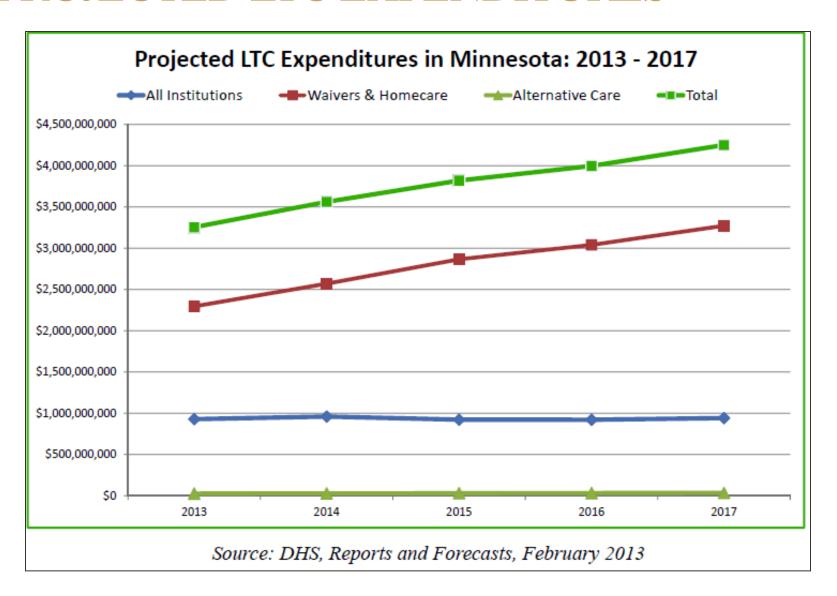
Minnesota outlook: We have an economic tsunami coming our way State leaders fear unprecedented

As Metlife exits longterm care, Boomers get nervous about old age. Bizmology (2010)

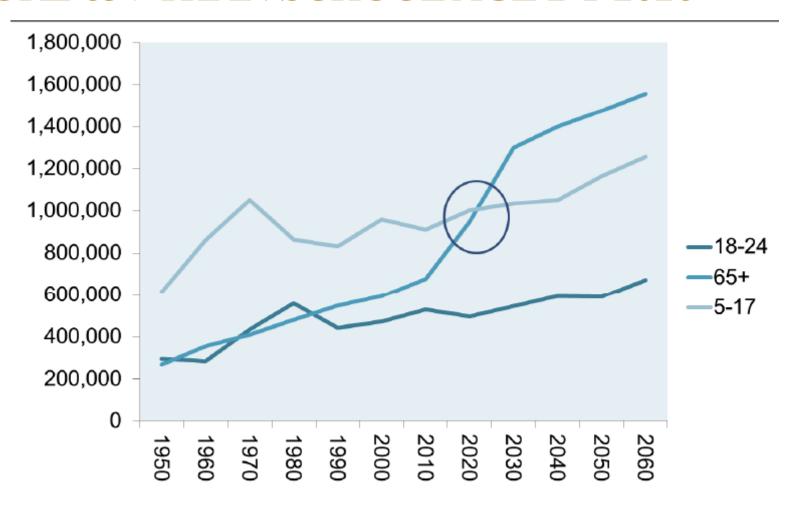
fiscal crisis (2009) Published on AllBusiness.com

Aging Baby Boom Generation Will Increase Demand and Burden on Federal and State Budgets – Government Accounting Office (2002)

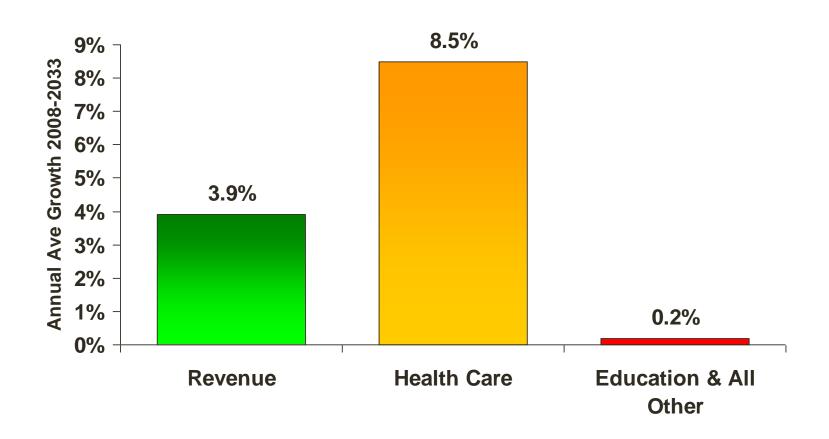
PROJECTED LTC EXPENDITURES



BUDGET PRESSURES WILL CHANGE --MORE 65+ THAN SCHOOL AGE BY 2020

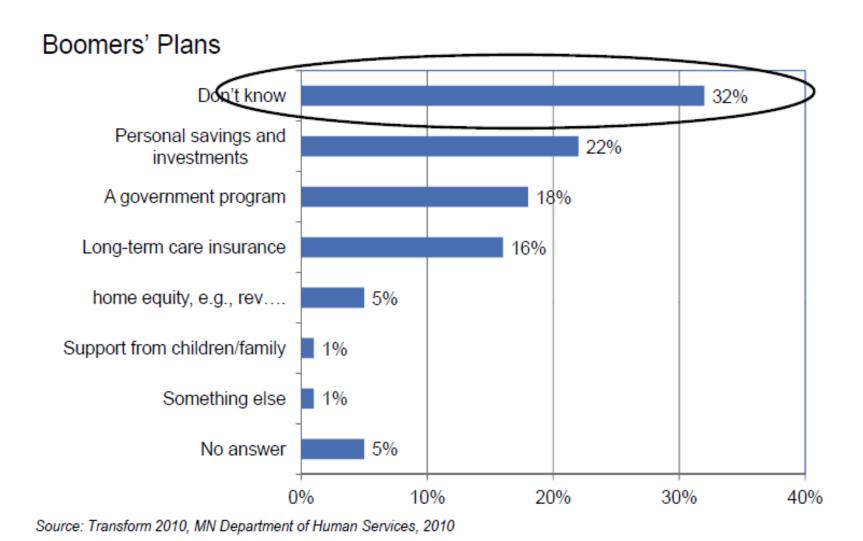


IF STATE HEALTH CARE COSTS CONTINUE THEIR CURRENT TREND, STATE SPENDING ON OTHER SERVICES CAN'T GROW



General Fund Spending Outlook, presentation to the Budget Trends Commission, August 2008, Dybdal, Reitan and Broat

BOOMERS HAVE NO REAL PLANS TO PAY FOR THEIR LONG TERM CARE



THE BOTTOM LINE

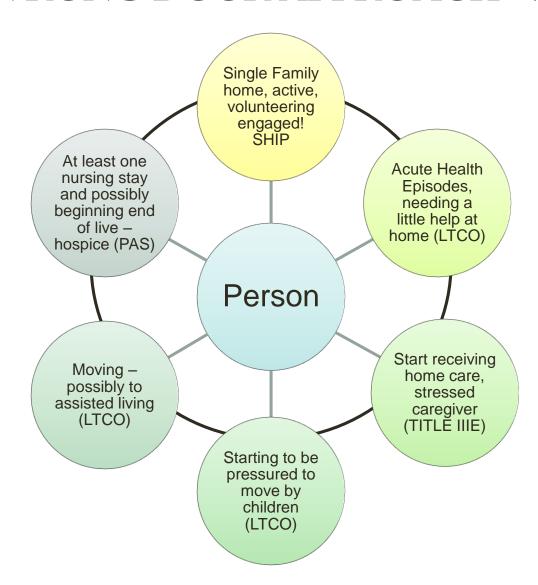
"Nearly two-thirds of people over age 65 will need longterm care at home or through adult day health care, or care in an assisted living facility or nursing home."

Source: Genworth Financial Cost of Care Survey 2010 and U.S. Department of Health and Human Services National Clearinghouse for Long Term Care Information, 10/22/08.



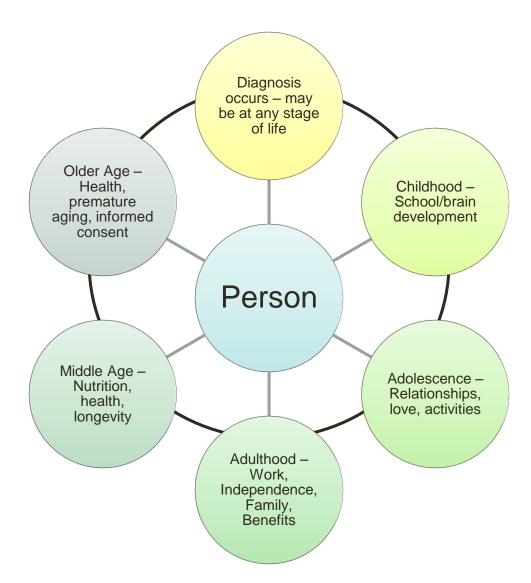
MinnesotaHelp.info

NO WRONG DOOR APPROACH - SENIORS





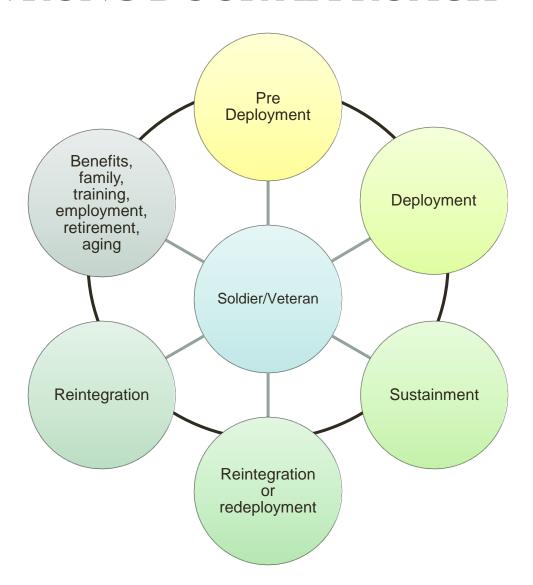
NO WRONG DOOR APPROACH - YOUNGER





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NO WRONG DOOR APPROACH - VETERAN





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History - MinnesotaHelp Network

- Senior Linkage Line started in 1994, DLL in 2005 and VLL in 2007
- 1 of 8 states to receive 1st ADRC Grant in 2003
- Minnesota Created a Virtual Model built off existing partnerships
- Uses a no wrong door approach
- Support provided through 4 channels



phone



in-person



print



technology

OVER TIME...

- 1993 Officially becomes the SHIP
- 1998 Officially becomes the SMP
- 1999 State Prescription Drug Program
- 2001 Senior Surf Days
- 2003 Minnesotahelp.info Online Database and RxConnect™
- 2004 Medicare Discount Card
- 2005 Disability Linkage Line launches and Medicare Part D Enrollment

OVER TIME

- 2006 Medicare Part D begins Dual Eligibles in crisis and Brand new Minnesotahelp.info
- 2007 Governor's Yellow Ribbon Task Force Veterans Linkage Line Launches
- 2008 LTO becomes law (for people moving to assisted living) and Minnesotahelp Network becomes official
- 2009/10 Return to Community Care transitions passes legislature and launches
- 2011 One Stop Shop Lt Governor launches new "One Call to St. Paul"

OVER TIME

- 2012 New features added to Mnhelp to allow for comparisons of options
- 2012 SHAREMN Launches Older Volunteers
- 2013 STARTMN Launches Older Workers and Transportation Link (Veterans Transportation-VTCLI)
- 2014 PreAdmission Screening and Expansion of Return to Community and HCBS waivered services on Minnesotahelp.info with features attached and searchable by NPI
- Coming 2015 A Brand New Minnesotahelp.info with a HCBS Quality Report Card

HOW FAR WE HAVE COME IN 20 YEARS

- Increased statewide uniformity
- One number routes to statewide internet contact center model with secure phone, chat, document sharing, email and video conference
- Now six AAAs provide services at 7 locations with the largest being metro (Aging)
- Two CILS provide services at 4 locations (Disability)
- And One location (Veterans) serves veterans statewide.
- Same technology and Secure communication including all training is now online
- Our data collection is robust allowing for real time <u>Quality</u> <u>Assurance</u>

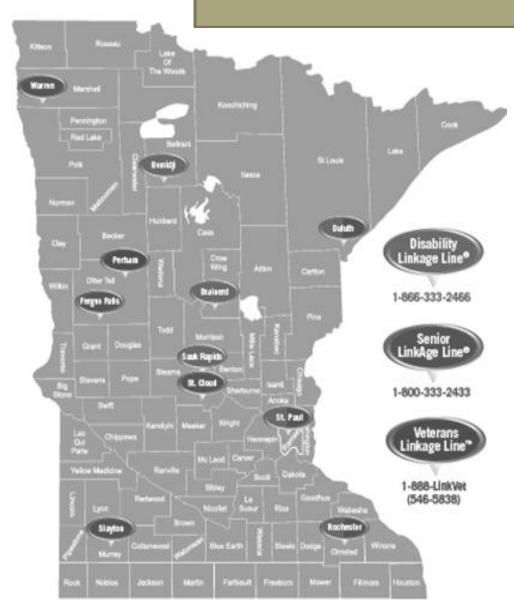
ALONG THE WAY

- We developed a strategy to be ready at the right time for potential growth
- We built trust among seniors and their caregivers
- We established credibility
- We branded the LinkAge Lines[®]
- We became Minnesota's One Stop Shop for Seniors and we helped create services for people with disabilities and veterans
- SLL went from 21,000 contacts to over 262,000 contacts an increase of 1147% over 20 years
- In 20 years, SLL served 1,116,341 seniors and their caregivers*
 - *(duplicated)

HOW FAR WE HAVE COME: 2014

- We have moved a solely phone based service that now provides in depth, on going assistance and follow up in multiple ways
- We help many people handle very very complicated issues
- We have expanded service, roles, responsibilities & funding
- We have a fully integrated system that includes over 60 partner organizations
- Our statewide database is used to find thousands and thousands of service locations
- Quality assurance built into most facets of the LinkAge Lines
 - Satisfaction surveys

MinnesotaHelp Network



Telephone Assistance

- Senior LinkAge Line® (1-800-333-2433)
- Disability Linkage Line® (1-866-333-2466)
- Veterans Linkage Line[™] (1-888-Linkvet)

Face-to-Face Assistance

- Through county MNCHOICES
- Outreach Sites
- Access Points

Online Assistance

- www.MinnesotaHelp.info
 - Live Chat and Resource database
- www.DB101.org

Print

- Before a Move: Consider Your Options
- Health Care Choices
- · Planning Ahead
- Returning Home booklet



LINKAGE LINES-REVATION LINKLIVETM



A One Stop Shop for Minnesota Seniors



A UNE STUP ST



minnesotaveteran.org 1-888-LinkVet

(546-5838)



TODAY'S PHONE WORK:

Long term care options counseling and Care Transitions

- Pre Admission Screening
- Planning for the future or to remain in the community
- Health insurance counseling
 - Medicare (Part A, B, C and D)
 - Fraud, appeals and advocacy
 - Prescription drug assistance
 - Long Term Care Insurance
 - Caregiver planning, support and training
 - Forms assistance



MINNESOTA'S PHONE SUPPORT THROUGH THE SENIOR LINKAGE LINE®:

Long term care options counseling and Care Transitions

- Pre Admission Screening
- Planning for the future or to remain in the community
- Health insurance counseling
 - Medicare (Part A, B, C and D)
 - Fraud, appeals and advocacy
 - Prescription drug assistance
 - Long Term Care Insurance
 - Caregiver planning, support and training
 - Forms assistance



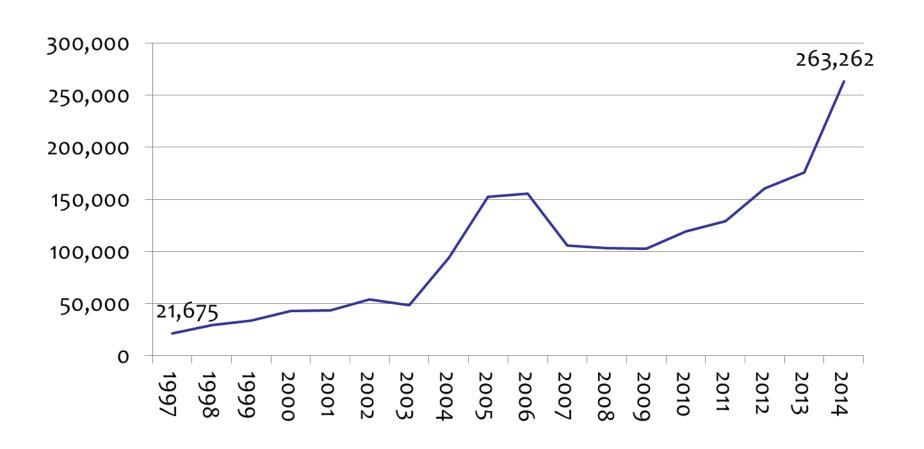
SENIOR LINKAGE LINE® 2014 BY THE NUMBERS

- 263,262 contacts (+ 87,496 from 2013)
- 122,081 consumers served (+ 34,215 from 2013)
- 25% of callers were repeat callers
- Average speed of answer = 1 Minute 44 seconds

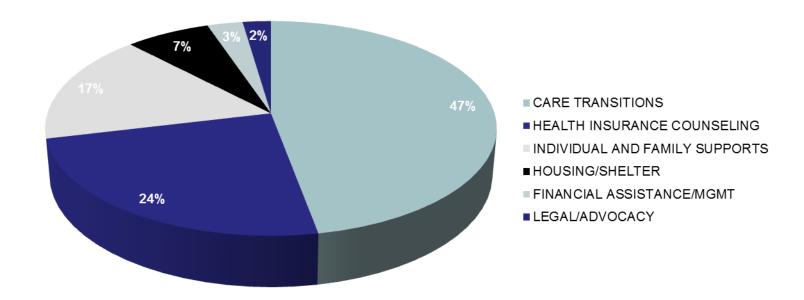




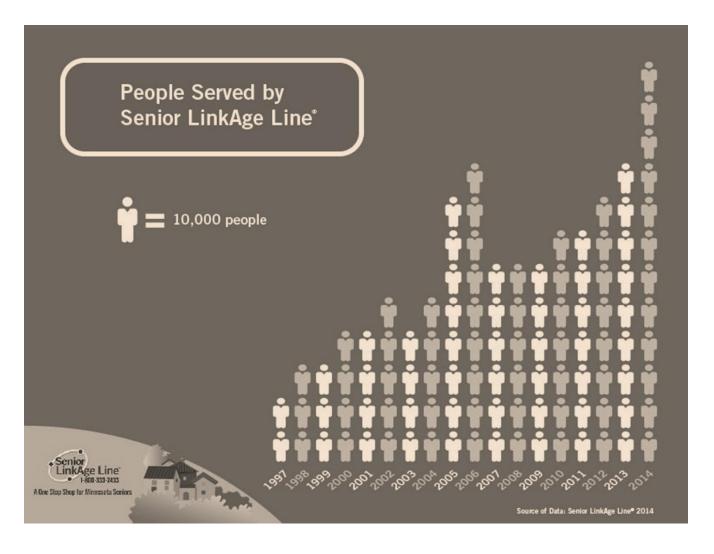
GROWTH SENIOR LINKAGE LINE® CONTACTS



SENIOR LINKAGE LINE® 2014 BY THE NUMBERS



SENIOR LINKAGE LINE® EMAILS/CHATS



DISABILITY LINKAGE LINE® 1-866-333-2466

Implemented in 2005

- Improve access to services for people with disabilities and their caregivers
- Meet the needs of people with disabilities and long term illnesses

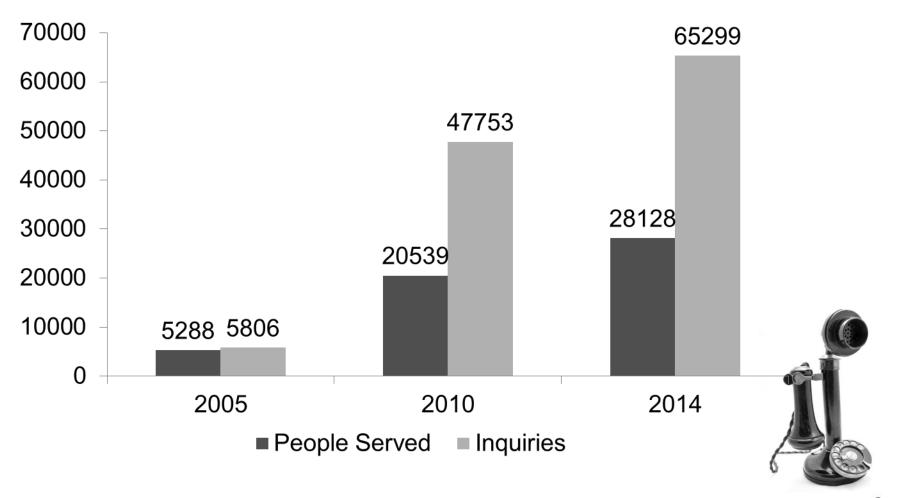
Six Regional Sites, through the MN Center for Independent Living (MCIL) and Southeastern MN Center for Independent Living (SEMCIL)

DISABILITY LINKAGE LINE® NICHE AREAS

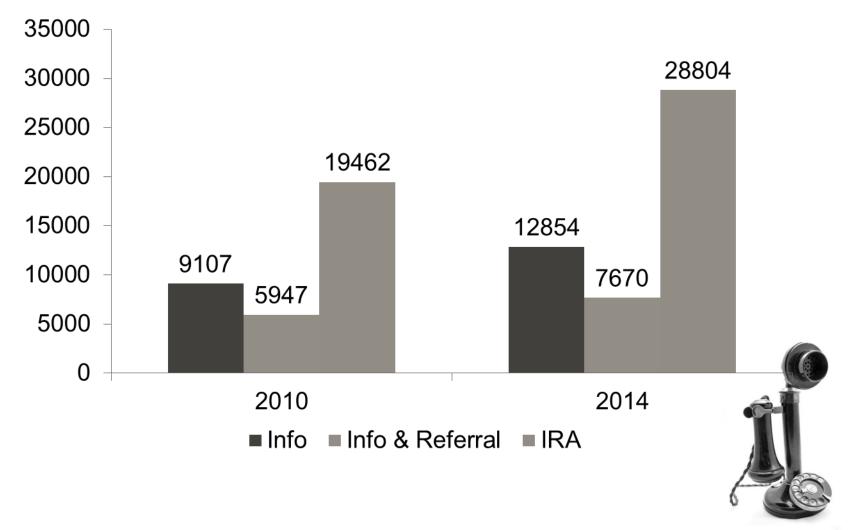
- Disability Benefits and Programs
- Employment
- Building Accessibility and Home Modifications
- Assistive Technology
- Personal Assistance Services
- Finding Accessible Housing
- Disability Awareness and Rights
- Special Needs Basic Care (SNBC)



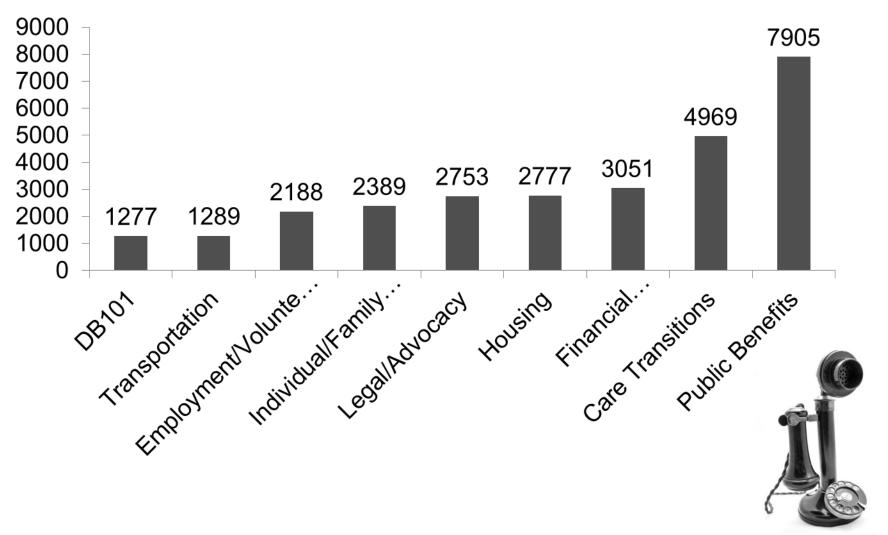
DLL BY THE NUMBERS



TYPE OF SERVICE



TOP 10 PROBLEM NEEDS



VETERANS LINKAGE LINETM 1-888-546-5838

- Began August 1, 2007
- Implemented through Governor's Yellow Ribbon Task Force
 - High number of returning veterans
- Available to Veterans of any age or service era
- Provided through Minnesota State Colleges and University contact center
- Open evenings and weekends

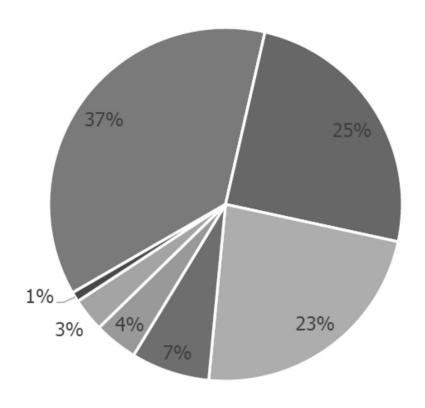


VETERANS LINKAGE LINETM NICHE AREAS

- Veterans Benefits
- Link to County Veterans Service Officers
- Resources for homeless veterans
- Referrals to Veterans Homes
- Veterans Education Benefits
- Liaison to federal Veterans Administration and TRICARE



VLL BY THE NUMBERS



- Assistance & Families Education
- Health & Disability
 - Veterans Homes
- Employment
- Burials

■ About Us



VLL BY THE NUMBERS

Coaching

4,978

Personal contacts (unduplicated)





100% Solve Rate

(within 24 hours)



Phone in 2947



Chat **2393**



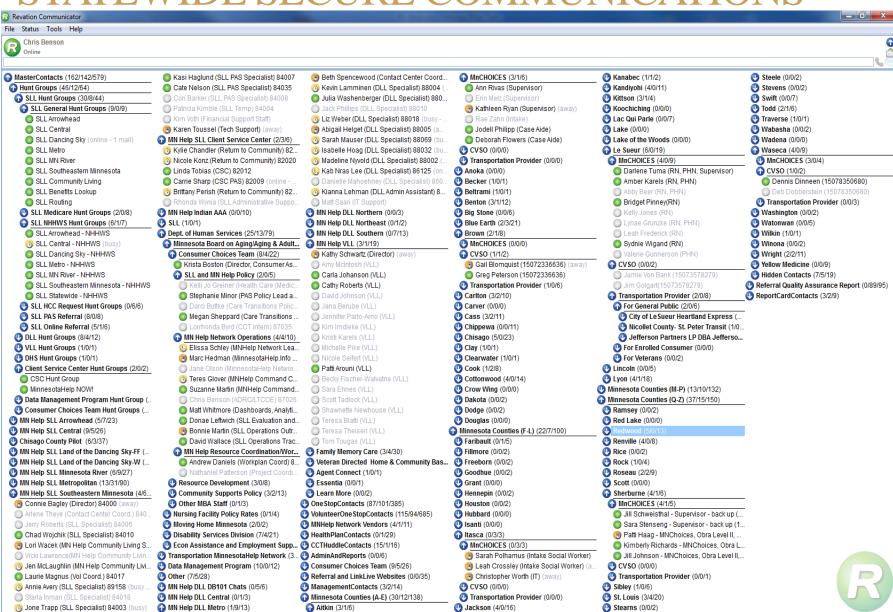
REVATION CAN BE USED TO:

Allow staff to communicate securely via encrypted communicator tool with others in your organization and with the Linkage Lines and other partners across the state.

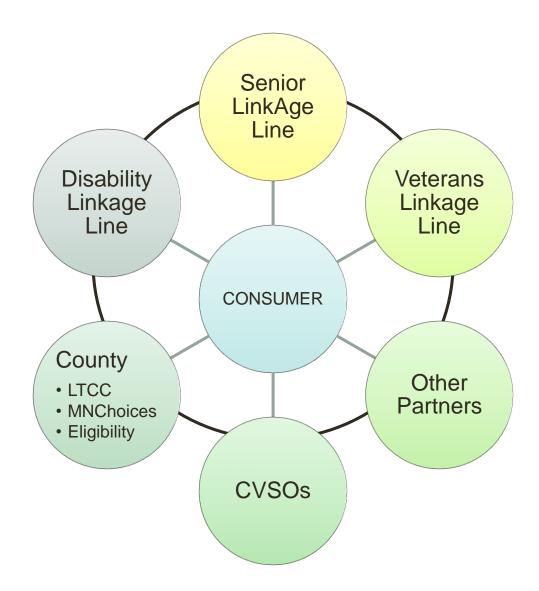
Revation is used to do some of the following:

- Securely receive Pre-Admission Screening (PASSR) information.
- Securely receive referrals for consumers who need Long Term Care Consultations (MnCHOICES).
- Securely refer to the Linkage Lines for consumers who need options counseling.
- Securely receive other referrals from the Senior LinkAge Line® for consumers who want to relocate from an institution back to the community.
- Connect with an expert to find local community resources or caregiver supports such as accessing Medicare help from Senior LinkAge Line®, disability benefits from the Disability Linkage Line® and Veterans benefits support through the Veterans Linkage Line™

STATEWIDE SECURE COMMUNICATIONS



NO WRONG DOOR APPROACH





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DEMO OF REVATION



MinnesotaHelp.info

GETTING REVATION INSTALLED

A local partners starts working with the disability linkage line or senior linkage line.

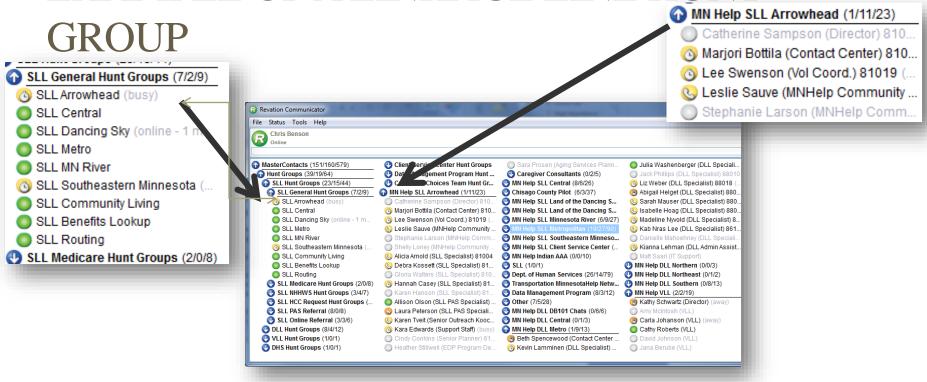
An analysis is conducted and they select a number of staff who get the installation of the software (remember there is no cost but IT must be involved)

Once the staff are selected, then a "hunt group"* is created and the contact list is modified.

*A hunt group is like a queue where several staff can be routed requests at one time from any number of Linkage Line staff.



EXAMPLE OF A LINKAGE LINE HUNT





MinnesotaHelp.info

COUNTIES ARE VERY IMPORTANT IN MINNESOTA!

We are county administered system: Counties don't just do roads and bridges!

Each has an adult mental health unit (they do OBRA Level II)

Each has a county veterans services officer group that are critical to the veterans services system

Each has a social services group that does all the financial eligibility

Each has a county public health or long term care group that does prevention and often the long term care assessment

Often times they have clients to which who they are providing fee for service case management



OUR GOAL FOR COUNTY LTCC/MNCHOICES ASSESSMENT

Since the Linkage Lines will never plan to do eligibility determination and only eligibility screening (PASSR) or forms assistance (SHIP) it is important we can securely communicate with the counties:

Revation is the infrastructure for our "No Wrong Door" strategy

80% of Counties will be using Revation LinkLive[™] chat by June 30, 2016 so that the LinkAge Lines – the single point of entry can make referrals in or provide supports to the counties (Medicare)

This is not a mandate – it is an opportunity for the counties since there is no cost for the license

Ultimately, we want to jointly service consumers with seamless assistance through the Linkage Lines and Counties

- Referrals from Linkage Lines to Counties
- Referrals from Counties to Linkage Lines

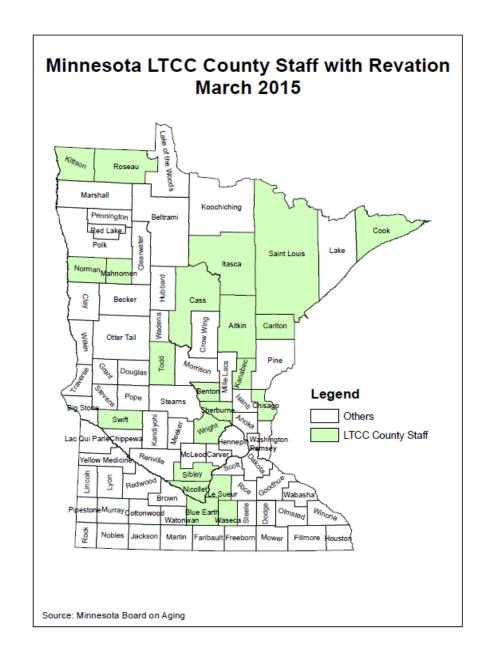
COUNTIES ON LINKLIVETM

No Revation Chat

• 65 counties

LTCC County Staff

• 22 counties



OTHER PARTNERS IN THE NETWORK

- Vocational Rehabilitation Services and DLL
 - Employment benefits with financial planning for people on SSDI
- VTCLI Partnership (MN Ride Link Project)
 - 33 CVSOs/Transportation Providers are actively using Revation Chat with another 15 ready to join as of March 2015
 - MnDOT provides an computer desktop upgrade as part of the grant







in person

MINNESOTA'S IN PERSON ASSISTANCE

Face to face:

- County LTC assessors (MnCHOICES) through referrals
- Community Living Specialists help people leave nursing homes and remain successfully in the community.
- Senior Outreach Specialists and Volunteer Coordinators conduct enrollment events, recruit and retain volunteers
- Volunteers help people with those shoe boxes of bills or do public speaking and outreach
- Many presentations and in person meetings are done with thousands of consumers

CARE TRANSITIONS: PRE ADMISSION SCREENING (PAS)

Required prior to nursing facility admission

- Determines if nursing facility level of care can be met
- Identifies those with mental illness or developmental disabilities who may need additional screening for specialized services

Streamlined online website for all PAS referrals

https://mnhelpreferral.revation.com/

Increased partnership with counties

- Access to secure communications tools
- Strengthened county relationships
- Offer consumer follow-ups with stays less than 30 days



PAS DATA RESULTS SINCE LAUNCH - NOVEMBER 1, 2013 – FEBRUARY, 28, 2015

84,767 Pre-Admission Screening requests

98.81% Meet Level of Care

2% Referred for OBRA Level II MI or DD

72.8% Under 30 Day Stays

77,283 referrals have been submitted by acute hospitals

Follow-Up*

1,063 individuals accepted a follow-up call with in 10 days of discharge

Stay less than 30 days, no caregiver, complex conditions

3 individuals over the age of 100



ABOUT PAS FOLLOW-UPS

They are offered after discharge to individuals who are anticipated to stay less than 30 days and have no caregiver, but more complex conditions.

1,063 individuals received a follow-up within 10 days of discharge from the SNF

3 individuals are over the age of 100

3% reported a hospital or ER visit within the 10 days of discharge. Common reasons include:

Uncontrolled pain

Accident

Medication Interaction

Viral/Bacteria Infection

Most individuals are not receiving services in their home. Of those that do, the most common are:

Nursing services

Homemaker/Companion Services

Home Delivered Meals

Medicare Home Care

Caregiver Supports

7% reported having a caregiver who needs support

8% reported not having a caregiver



CARE TRANSITIONS: RETURN TO COMMUNITY

- In-person assistance for private pay nursing home residents who would like to return to a community setting
- Service was expanded in March 2014
 - Additional staff added as well as case aides to support phone calls and data entry
 - Targets consumers who have been in nursing home 45 days (previously standard was 60 days)
 - Consumers considering a move to assisted living
- Second year of AHRQ grant results in helpful quality assurance data (presented to POC last year)



RETURN TO COMMUNITY: IN 2014

- 2014 revision: In-person visits now conducted for every consumer that staff target per the protocol
- Number of consumers assisted has grown steadily since 2010 to nearly 800/year
 - Doubled since 2013
- 74% of 2013-transitioned consumers were alive and living in the community one year later, and had not been readmitted to a nursing home.



BY THE NUMBERS - PRE ADMISSION SCREENING: IN 2014

- 63,585 PAS requests
- 99.7% met Level of Care
- 2% referred for mental illness or developmental disability assessment to identify need for specialized services
- 73.2% with anticipated length of stay of less than 30 days
- Approximately 1,000 individuals accepted follow-up from Senior LinkAge Line[®]



BY THE NUMBERS RETURN TO COMMUNITY: IN 2014

- Age range of consumers assisted: 42-102
- Average Age: 80 years old
- 58% are Female, 42% Male
- 98% of MN nursing facilities have had a consumer on the target profile.
 - Of those facilities, 78% have had a discharge.
- Over 89% have caregivers. Of those caregivers:
 - 56% are female
 - 83% are spouses/adult children



AND AFTER 20 YEARS... REACHING NEW MILESTONES!

On March 10 of this year, the Senior LinkAge Line® reached a milestone when the 2000th consumer was assisted with returning to the community from a nursing facility!

April 10, 2015 marks five years since the Senior LinkAge Line® Return to Community work began and the administration will hold a celebration to mark this event.





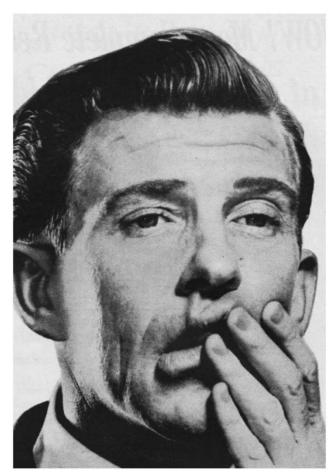
Ernest

SENIOR LINKAGE LINE® VOLUNTEERS

- 369 Senior Linkage Line® volunteers received 1,581 hours of training and 3,269 hours of ongoing continuing education
- All volunteers received certification from MBA after appropriate training
- Volunteers provided 28,785 hours of assistance statewide (on average - 78 hours per volunteer)
- Along with senior outreach specialists, volunteers presented at 2,650 community events specifically focused on Medicare and health insurance



PRINT



Don't wait until you've had a loss to ask... "Am I Covered? SURANCE COMPA F TROUBLE STRIKES, your insurance policy may be the only thing that stands between you and

financial ruin.

envisioningtheamericandream.co

PRINT

Health Care Choices

Kiosk Cards

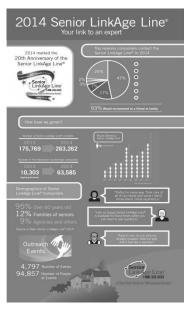
- Medicare related information
- Housing Modification
- Caregiver Supports
- Senior LinkAge Line Specific
- Disability Linkage Line Specific
- MinnesotaHelp.info

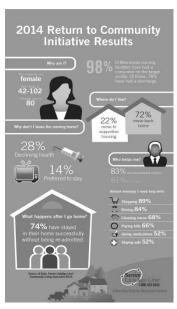
Magnets with 3 Linkage Lines





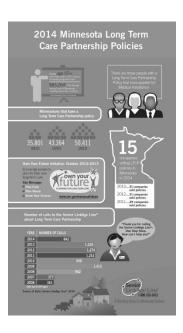
INFOGRAPHICS













OUTREACH - BILLBOARD



19 Billboards

- Printed
- Digital

- Alexandria
- Bemidji
- Columbus Twp.
- Duluth
- Grand Rapids
- Moorhead

- Mankato
- Minneapolis
- Rochester
- Savage
- St. Cloud
- St. Paul



OUTREACH - INDOOR ADVERTISING





Posted at 90+ locations statewide



DIRECT MARKETING







Door Hangers

Allows for reaching specific areas

By zip code
In English & Spanish





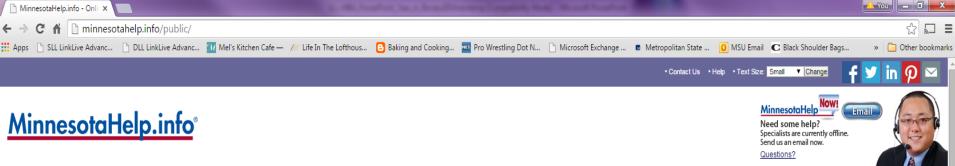
TECHNOLOGY

MinnesotaHelp.info

- Resource data base for consumers online and for the Senior LinkAge Line® workers
- By the Numbers: Includes information from
 - Approximately 12,603 agencies
 - Providing 43,648 services
 - Located in 26,620 locations
- In 2014, there were 518,148 users*

*(includes new and returning)







Welcome to MinnesotaHelp.info

Services for Veterans





Special Topics



MN Unemployed Link

Find unemployment benefit information or pre lar form about your employment rights, find organizations that are looking for volunteers - a great way to keep your skills sharp, and much more! This section nformation for employers and people who want to start their own business.



Senior Link

See resources for health and fitness, insurance and legal advice. Use the Long-term Care Choices Navigator to figure out what you need to live well and age well.



Disability Link

Resources organized for people with disabilities - discover options for going back to work, assistive technology, home modifications, personal care services, community living, health care and more!



Provides resources for accessing health coverage, providers, and other information on managing health care coverage.



Transportation Link

Need help finding a ride, arranging for a ride, or paying for a ride? The Transportation Link section of Minnesota Help info® makes it easy to explore ride options, select available services, find resources to help pay for transportation, and get assistance in arranging rides.



Government Link

Resources related to local city, county, state, and federal services



Long Term Care Link – Waiver & Alternative Care Program Services Search for providers of long term services and supports available through waivers and Alternative Care programs. Be sure to visit Long Term Care Link often, as providers are

Take Me To...



TECHNICAL ASSISTANCE EXCHANGE

DHS Licensing Information Lookup

DHS Licensing Information Lookup is an online tool Minnesotans can use to search for licensed programs' public information such as: child care, group homes and many other services for children and vulnerable adults. Many ways to search including name, license number or zip code.

MN Dept. of Health - Health Care Facility and Provider Database

This database offers information about Minnesota health care providers, including state registration and licensure status. Search by name county, city or type.

Long-term Care Choices Navigator

Long-term Care Choices Navigator is a simple, easy-to-use website that helps seniors and their caregivers with finding aging services in their community. Its focus is to help seniors live and age well, providing local resources in the community.

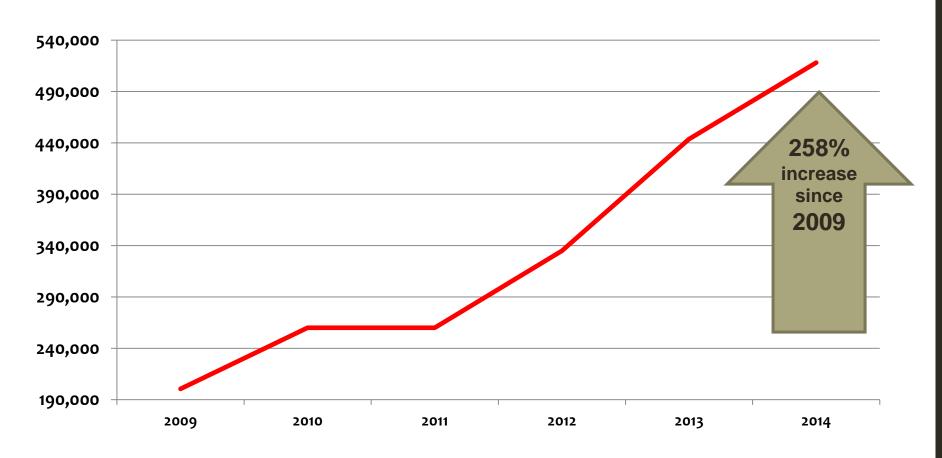
New Tools to Educate Consumers and Providers about HIPAA Privacy and Security

U.S. Department of Health and Human Services has developed new tools to educate people and health care providers about health information rights, privacy, and security. Find videos. brochures and more!

2015 Health Care Choices for Minnesotans on Medicare

The new Minnesota Board on Aging publication is full of information about Medicare enrollment, Medicare supplements, health plans, Medicare Part D prescription drug plans, Medicare Savings Programs, Medicare Advantage plans and Special Need plans, and more!

VISITS TO WWW.MINNESOTAHELP.INFO®



SENIOR LINKAGE LINE® EMAILS/CHATS

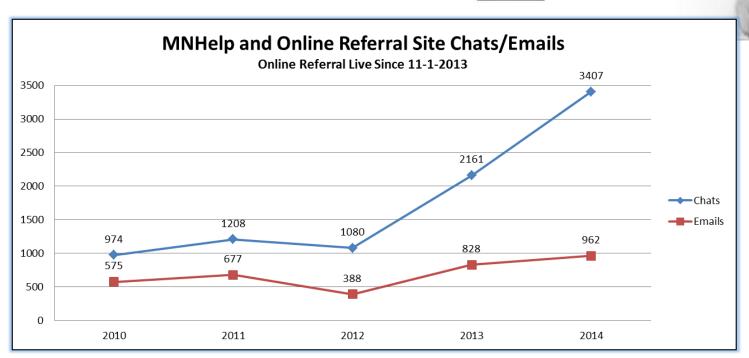
MinnesotaHelp

Need some help?

Specialists are standing by.

Monday - Friday, 8 am to 4:30 pm

Questions?



TODAY'S INTERNET CHAT THROUGH MINNESOTAHELP.INFO

- Specialized single call center in MNRAA called the "client services center"
- These staff as well as staff of the Consumer Choices Team handle chats and emails through Minnesotahelp.info and the Senior LinkAge Line® email.
- Goal is to route chats statewide we are piloting some statewide routing now



DEMO OF THE NEW MINNESOTAHELP.INFO



MinnesotaHelp.info

MINNESOTAHELP.INFO® FUTURE PROJECTS

Launch of newly redesigned <u>Minnesotahelp.info</u>® and Provider Portal – July 2015

Vacancy Tracking

- Launch late 2015
- Providers and other users can identify vacancy information
- Provides quick results for those looking for housing

Home and Community Services Finder

- Launch July 2015
- Next three services to be incorporated: adult foster care, assistive technology, caregiver supports (2016)



Disability Benefits 101

work • benefits • you



Search

Home

Your Situation

Programs

Estimators

Glossary

News

How To

Disability Benefits 101 gives you tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work and benefits go together. > More



Welcome to DB101 (1.5 min video)

First Time? Start Here

Your Situation

Take a personal approach to benefits planning: Find information that applies to you. > More

Going to Work

Planning to work? Find support for going to work and learn how a job can affect your benefits. > More

Young People and Benefits

Learn how to manage school, work, and benefits. Includes tips for parents. > More

New to Benefits

Find out how disability benefits programs work, and learn how to plan for changes in the future. > More

Programs

Just the facts: Get details about benefit programs: > More

Cash Benefits

Learn about benefits that can help you meet your basic needs > More

Health Care Coverage

Explore many health coverage options, from public and private sources. > More

Work Programs

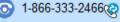
Learn how state and federal programs can support your career plans. > More

Talk to an Expert

Mon-Fri 8:30-5:00 Central

Live chat:

Chat Now



Email a question

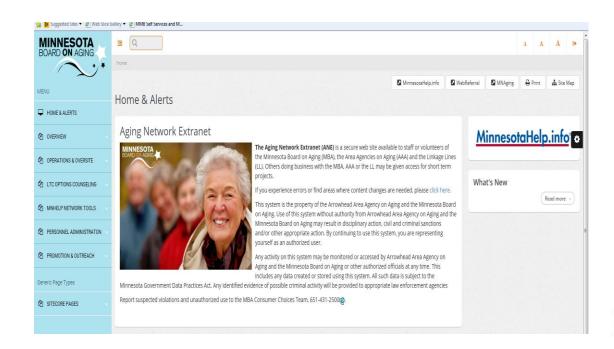
Estimators In the News



Quality Assurance

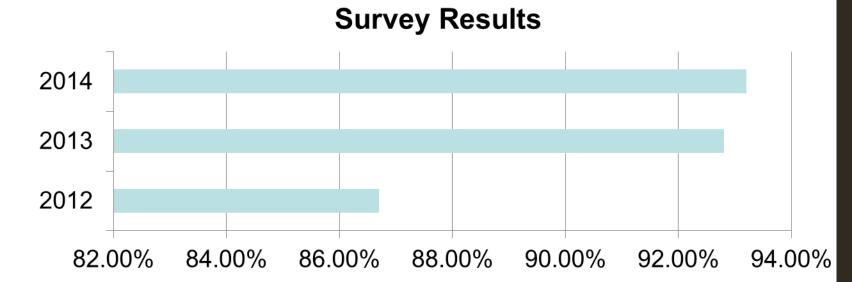
QUALITY ASSURANCE

- Call monitoring for Standards to be conducted by Consumer Choices
 Team staff
- Secure extranet with automated quarterly staff dashboards, training, reporting, standards and policies. Audience is: AAA Directors, DLL internal staff and directors, and AAA supervisors.





SATISFACTION: "I WOULD RECOMMEND THE SENIOR LINKAGE LINE® TO SOMEONE ELSE."





THE CONSUMER EXPERIENCE: COMMENTS FROM SURVEYS

"This was the place to call for me. I don't have to wait anymore and got more dollars to eat on. I don't worry about food anymore."

"...Better than Medicare. Great agency, very helpful."

"Helped me through a difficult time, the health plans were hard to understand, the SLL helped."

"I really value all the help I've received."

"SLL rescued me when I didn't know where to turn and eased my frustration. Thank you."



SENIOR LINKAGE LINE® EXPANDED QA

- Metrics for measuring compliance with the Senior LinkAge Line[®] Standards and Assurances
- Metric examples:
 - Data completeness
 - Timeliness of follow-up calls with consumers/caregiver
 - Outreach conducted with all nursing homes in AAA region
 - Monthly discharge goals
 - Consumer satisfaction
- New Supervisor Console tool for AAA Supervisors assess customer service using real time monitoring

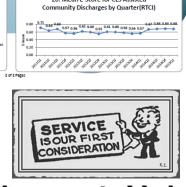
OTHER: EVALUATIONS IN PROCESS

- Wilder Foundation Integration Systems Grant
 - Reviewing results of ISG grant and collaborations with Health Care Homes
 - 2. Developing Report Card Evaluation framework
- AHRQ Grant
 - Study of a state-level model for transitioning nursing home residents to the community
 - Funded by Agency for Health Services Research and Quality
 - Health Services and Research Demonstration and Dissemination Grants Program (R18)
 - 2. Project period: 1-Sep 2012 to 30-Aug-2016
 - 3. Research partnership
 - Purdue University and University of Minnesota
 - 2. Minnesota DHS and Board on Aging



SAMPLE DASHBOARD





For the Period 01/01/14 thru 12/31/14

■ PAS

MHM

12. Online Referrals by Type

Referral (RTCI)

Q2 2014 Q3 2014

Situation

■ Satisfied

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