

Creating Safe and Inclusive Services for LGBT Older Adults

#### Goal of this Presentation

To increase awareness and empathy amongst health care and social service providers about the issues and needs of elders who are LGBT (lesbian, gay, bisexual, and/or transgender).



### **Important Terms**

- LGBT-Lesbian, Gay, Bisexual and Transgender
- Lesbian
- Gay
- Bisexual
- Transgender





#### **Informal Poll**

 Do you currently work with an LGBT older adult?

Do you know anyone who is LGBT?



# **Common Assumptions**

- Service providers assume that they can identify any LGBT adult.
- By not asking about sexual orientation or gender identity, providers believe that they are avoiding discrimination.
- Since older people are not interested in sex, what difference does it make if they're LGBT?



# LGBT Aging Case Studies

#### Short brainstorm in pairs:

 What kind of health or social services does this person need?



#### **Historical Events**

Take a few moments to think about the historical events in this country or in other parts of the world that have shaped your life.

Note how old you were when those happened.



#### LGBT Historical Timeline

In terms of seeking health or social services, what kind of impact might these events have had on the person in your case study?



# The Impact of LGBT History on LGBT Older Adults

Brief reporting out (5 minutes):

What kind of impact might these events have had on the person in your case study?



# The Impact of LGBT History on LGBT Older Adults

- They came of age at a time when there was great prejudice and violence against LGBT.
- Medical and religious labels of "mental disorder" and "moral aberration" validated the prejudice.
- LGBT people of color had to deal with both racism and prejudice about being LGBT.



# Creating Safe and Inclusive Services for LGBT Older Adults:

10 Ways to Begin

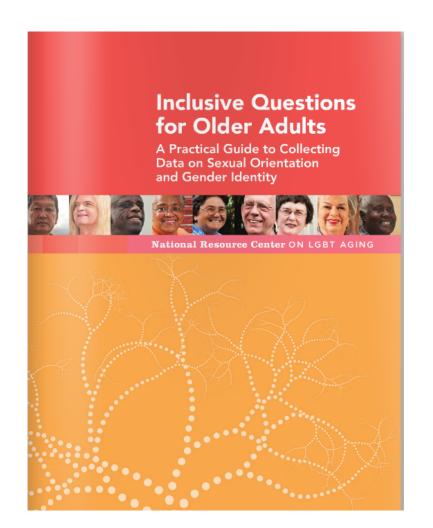


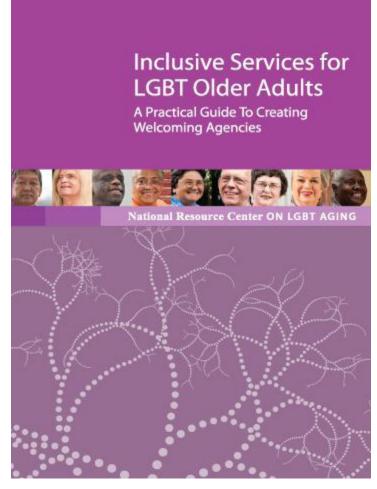


# **Training Offered**

- Learn about the culture, needs, and concerns of LGBT older adults
- Consider why LGBT older adults are less likely to access needed services
- Develop best practices for safety and inclusivity for your organization
- Develop tools and education to better serve the LGBT older adults who currently access or need services











# You can learn more by:

- Contacting Tim R. Johnston
- Downloading more resources at www.lgbtagingcenter.org
- Reading more about the NRC training at www.lgbtagingcenter.org/about/training.cfm



### **Final Reflections**



