

Alzheimer's Disease

What you should know and
What you can do

Mariam Schrage, MSW
Team Lead
mschrage@alz.org

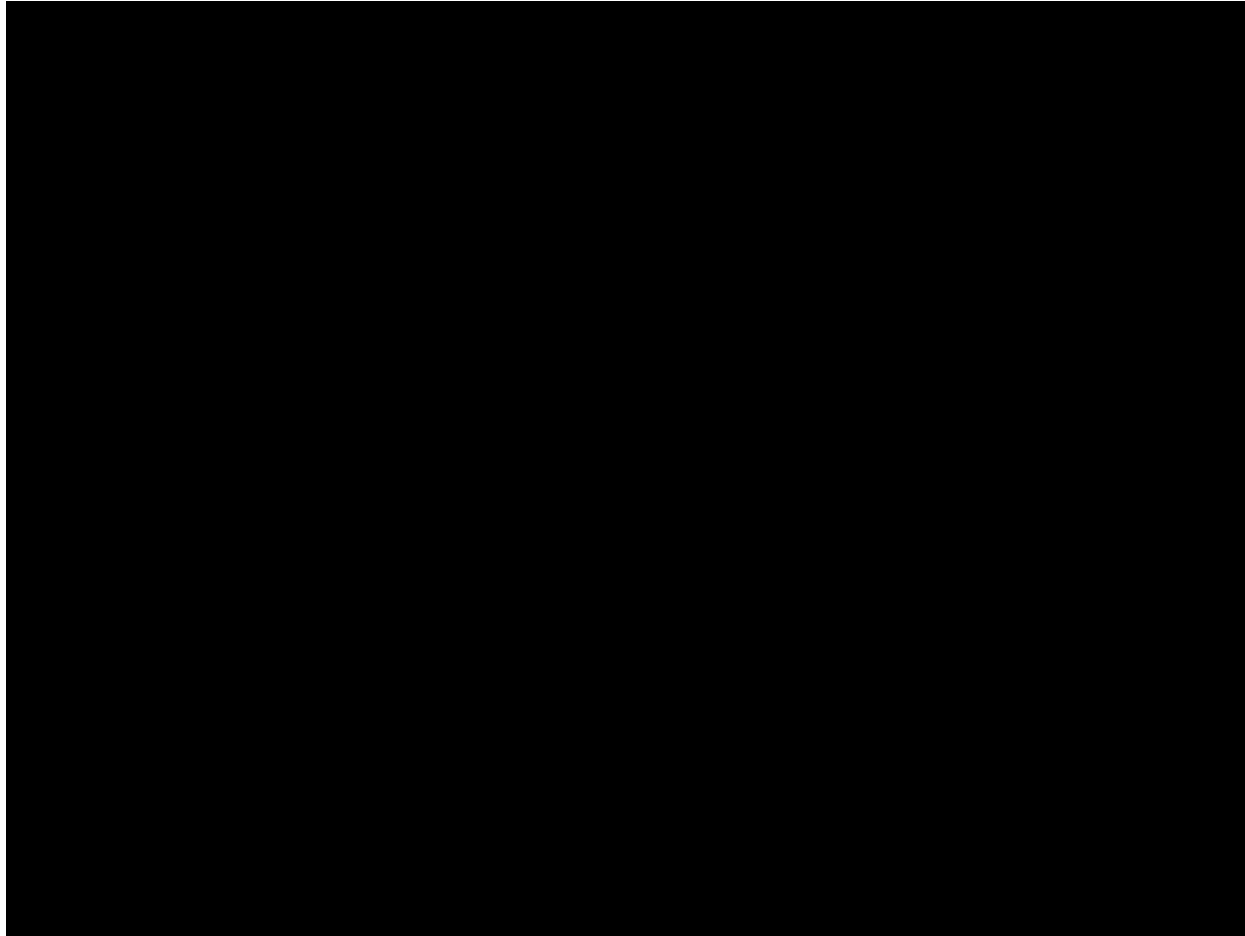


OUR VISION:

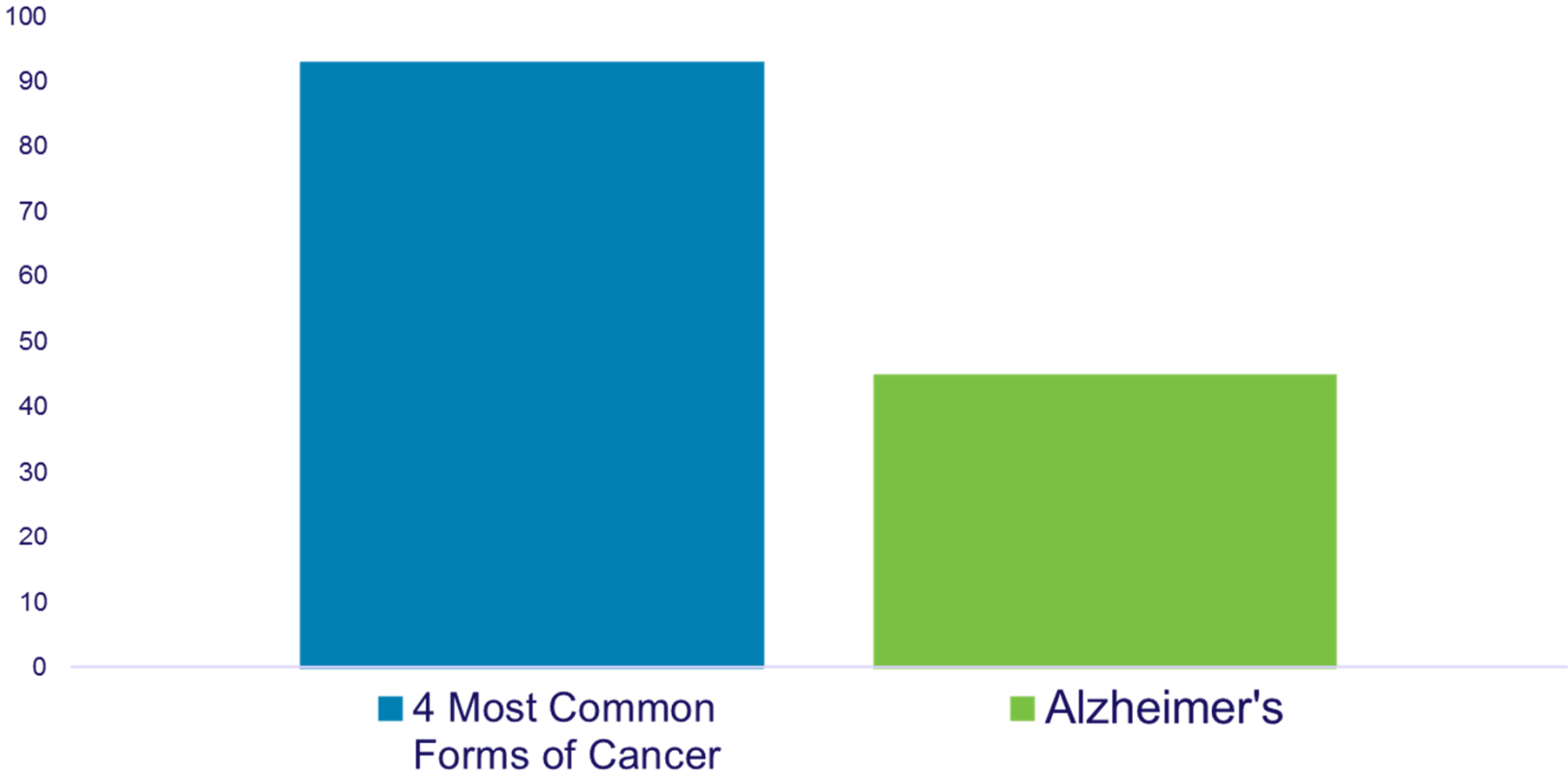
A world without Alzheimer's.

OUR MISSION: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

2015 Facts and Figures



We Found Significant Difference in Alzheimer's Diagnosis Disclosure Rates



The Alzheimer's Epidemic Continues to Grow...

5.3

million Americans of **ALL** Ages
will have Alzheimer's in 2015

... And Grow



older Americans has
Alzheimer's disease.

... And Grow

Every

67 seconds

in 2015...

...every

33 seconds

in 2050

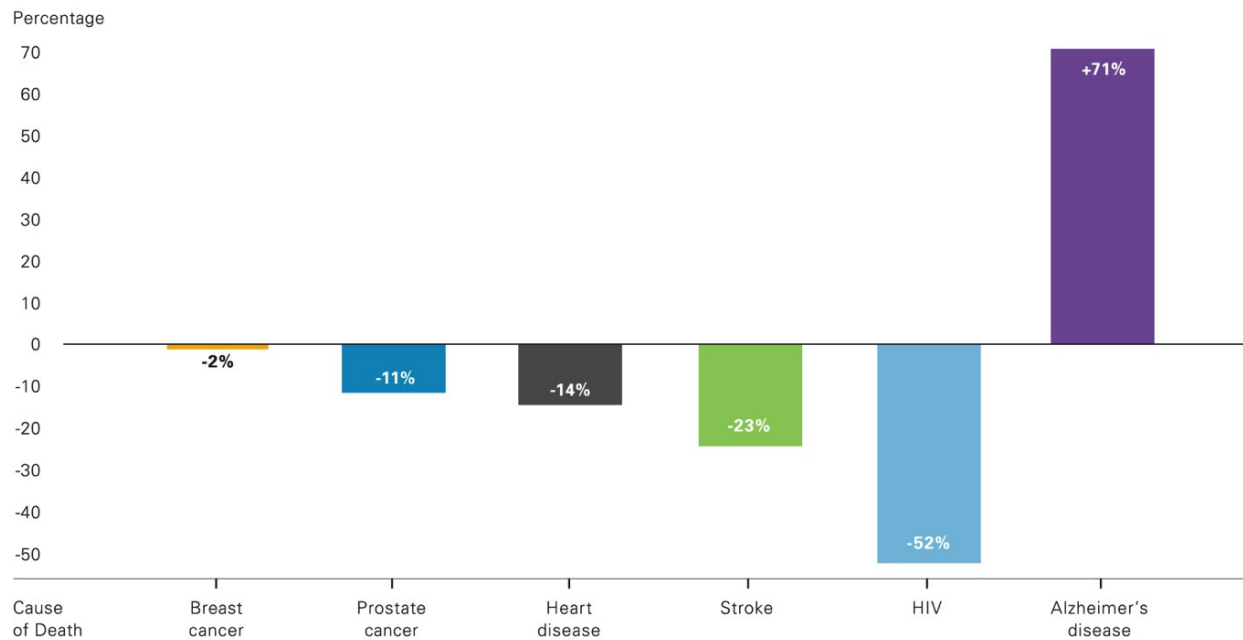
Alzheimer's is NOT Just Memory Loss – Alzheimer's Disease Kills



Source: Centers for Disease Control and Prevention (cdc.gov/nchs/fastats/leading-causes-of-death.htm)

Alzheimer's Deaths Continue to Increase; Deaths from Other Major Diseases Decrease

Percentage Changes in Selected Causes of Death (All Ages) Between 2000 and 2013

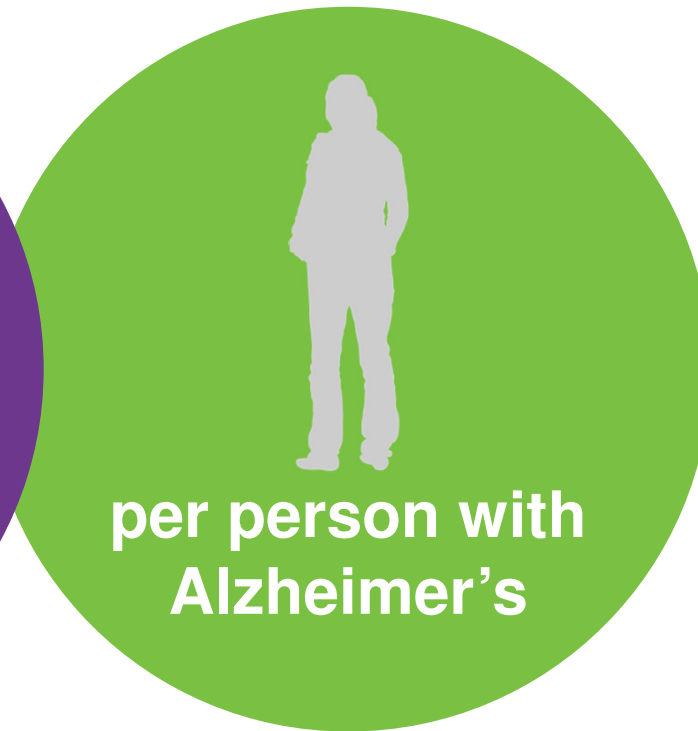


Created from data from the National Center for Health Statistics.¹⁰⁹

Source: Alzheimer's Association 2015 Alzheimer's Disease Facts and Figures

Alzheimer's Caregivers Face a Devastating Toll

On average, there are



Care and Support

- Alz.org
- Alzconnected.org - Online community
- 24/7 Helpline

24/7 Helpline: 1.800.272.3900

Find your chapter: [search by state](#)

2015 Alzheimer's Disease Facts and Figures

ALZHEIMER'S IS THE ONLY CAUSE OF DEATH IN THE TOP 10 THAT CANNOT BE PREVENTED, CURED OR SLOWED.

[GET THE FACTS](#)

Our vision is a world without Alzheimer's

Formed in 1980, the Alzheimer's Association advances research to end Alzheimer's and dementia while enhancing care for those living with the disease.

[Learn what we do](#)

[MAKE A DONATION](#)

In My Community

Text Size [A](#) [A](#) [A](#)

Find us anywhere in the United States, and learn about programs and services available in your area, including support groups and educational workshops.

Search by zip code

Search by state

[View All Locations](#)



Community Resource Finder



Community Resource Finder

Powered by  CareLike

Community Resource Finder » Care Options

Get easy access to a comprehensive listing of Alzheimer's and dementia resources, community programs and services.

START YOUR SEARCH

-  Alzheimer's Association Programs and Events
-  Housing Options
-  Care at Home
-  Medical Services
-  Community Services

ADDITIONAL RESOURCES

- [How to Use This Tool](#) 
- [Learn More](#) 
- [Share Your Opinion](#) 
- [Provider Support](#) 

Caregiver Center

alz.org® | alzheimer's association®

[About Us](#) | [eNewsletter](#) | [Message Boards](#) | [Action Center](#) | [Advocate](#) | [Walk to End Alzheimer's](#) | [Shop](#) | [Donate](#)

Alzheimer's and Dementia Caregiver Center

24/7 Helpline: 1.800.272.3900

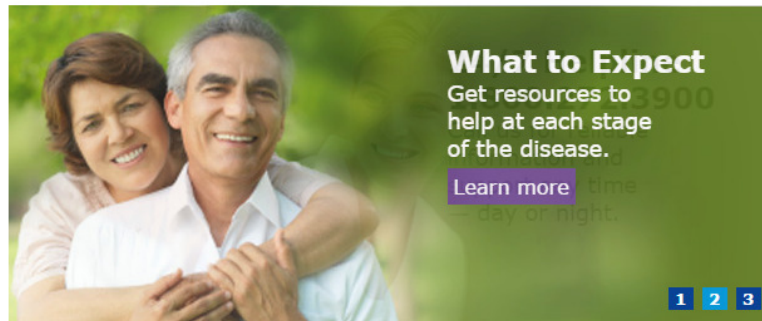
[Caregiver Home](#) | [Daily Care](#) | [Stages & Behaviors](#) | [Get Support](#) | [Safety](#) | [Care Options](#) | [Financial & Legal Planning](#)

[Chapter Home](#) » [Caregiver Center](#) » [Dementia Care & Support](#)

Text size: [A](#) [A](#) [A](#)

Caregivers for Alzheimer's and Dementia Face Special Challenges


You are not alone. Whether you need information about early-stage caregiving, middle-stage caregiving, or late-stage caregiving, the Alzheimer's Association is here to help.




[Like](#) 52k | [Tweet](#) 266 | [+1](#) 135

[Bookmark this page](#) | [Email](#) | [Print](#)

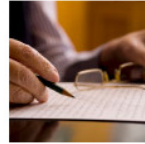
Get day-to-day help

- 
- > Behaviors
 - > Communication
 - > Activities
 - > Respite care
 - > Memory loss

Get support


- 
- > Your local chapter
 - > Message boards
 - > Support groups
 - > Your health
 - > Care training

Plan for the future

- 
- > Legal matters
 - > Care options
 - > Paying for care
 - > Safety
 - > Dementia & driving

Trial Match

alz.org[®] | research center
advancing alzheimer's research worldwide

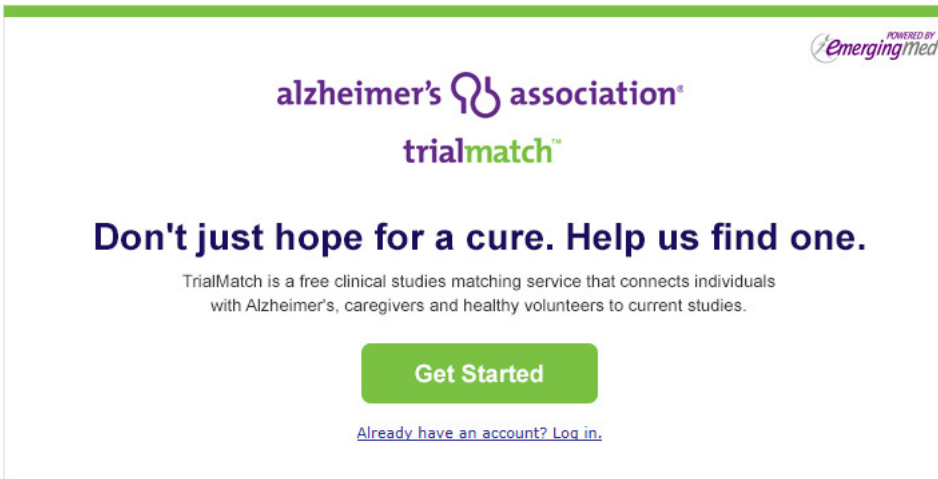


HOME | SCIENCE & PROGRESS | **CLINICAL TRIALS** | FUNDING & COLLABORATION | YOU CAN HELP | STAY CURRENT | VIDEO AND RESOURCES

alz.org >> Clinical trials >> TrialMatch Text Size [A](#) [A](#) [A](#)

- About TrialMatch
- What are trials
- How trials work
- Why participate
- Talk to your doctor
- Myths vs. Facts
- How to include a study

[MAKE A DONATION](#)




alzheimer's association[®]
trialmatch™

Don't just hope for a cure. Help us find one.

TrialMatch is a free clinical studies matching service that connects individuals with Alzheimer's, caregivers and healthy volunteers to current studies.

[Get Started](#)


[Already have an account? Log in.](#)

POWERED BY 

About Alzheimer's Association TrialMatch[®]

Alzheimer's Association TrialMatch is a free, easy-to-use clinical studies matching service that connects individuals with Alzheimer's, caregivers, healthy volunteers and physicians with current studies. Our continuously updated database of Alzheimer's clinical trials includes more than 225 promising clinical studies being conducted at nearly 700 trials sites across the country.

**Don't just hope for a cure.
Help us find one.**



Education and Training Opportunities

Alzheimer's and Dementia Caregiver Center

24/7 Helpline: 1.800.272.3900

Caregiver Home | Daily Care | Stages & Behaviors | **Get Support** | Safety | Care Options | Financial & Legal Planning

Chapter Home » Caregiver Center » Get Support » Care Training Resources Text size: [A](#) [A](#) [A](#)

Training & Resources

- Care Training Resources**
- Caregiver Notebook
- Resolving Family Conflicts
- Holidays
- Ethical & Care Issues

Find your local Chapter

Zip code: Search by state

Get Weekly E-News
Stay up-to-date on Alzheimer's treatments and care.

First name:

Care Training Resources

[Like](#) 239 [Tweet](#) 30 [+1](#) 4 [Bookmark this page](#) | [Email](#) | [Print](#)

Being a caregiver doesn't come with an instruction manual, but there are resources available to help. Use the trainings, workshops, books and DVDs on this page to gain caregiving skills and practical advice.

- > Online care training and certification
- > Free e-learning workshops
- > Local workshops and trainings
- > Books on caregiving
- > DVDs on caregiving



Online care training and essentiALZ certification

essentiALZ[®]
This online program offers individual training in dementia care, from HealthCare Interactive, Inc., as well as individual certification by the Alzheimer's Association to recognize those who complete the program and demonstrate knowledge of quality dementia care practices. Both family members and professional care providers can benefit.



alz.org/ihavealz

I Have Alzheimer's Disease

I Have Alz Homepage

- Know What to Expect
- Treatments & Research
- Programs & Support
- Plan for Your Future
- Overcoming Stigma
- Younger-Onset Alzheimer's
- Live Well

We Can Help

- >> Call our 24/7 Helpline: 800.272.3900
- >> Find your local chapter

ZIP **GO**

TIPS FROM PEOPLE WITH ALZHEIMER'S

Preparing to stop driving

- 1 I sit in the front seat as a way to get used to being a passenger rather than the driver.
- 2 My care partner and I have discussed the circumstances and made a plan for when I will stop driving.
- 2 I take other forms of transportation or have care partner/friends drive me.

> See more tips

What you need to know

Live your best life


- > Taking care of yourself
- > Reducing stress
- > Tips for daily life

"The hardest thing that I've had to overcome is realizing a lot of what I used to do has been passed on to my wife."

Lee F., person living with Alzheimer's


- Developed with input from people living with early stage Alzheimer's or other dementia
- Content is written to the person with dementia
- Includes:
 - personal insights on living with the disease
 - tips on how to live day to day
- Messages weaved throughout site:
 - You are not alone
 - Importance of peer support
 - There is life after diagnosis

Early-Stage Peer to Peer Outreach Program



**Anyone can listen.
Not everyone
can understand.**

Speak one-on-one with another individual living in the early stage of dementia through the Alzheimer's Association Peer-to-Peer Outreach Program.

alzheimer's  association®

Developed with support from
MetLife Foundation
A Leader in Finding an Alzheimer's Cure

- Connect over the telephone
- Share information about their personal experience and perspective on living with the disease
- Provides a meaningful way to give back
- Facilitate introduction to Association programs and services

Online Community ALZconnected.org

alz connected
[Reset Password](#)

"Caring for someone with Alzheimer's can make you feel alone. Now, I've found others like me."

[join now](#)

View Message Boards from others like you

Caregivers Forum



Stephanie Z | [Caregivers Forum](#)
 Hi, I have a couple of suggestions for you. First, see if the physician your mom is seeing is



Stephanie Z | [Caregivers Forum](#)
 Hi birdy, I can understand how distressing it must be to watch this happen. However, I think



GraspingforJoy | [Caregivers Forum](#)
 I just feel like I can't breathe. I work, I am still raising 2 teenagers, I am a caregiver of an al

I have Alzheimers



Lane Simonian | [I have Alzheimers](#)
 I could not agree more, Iris. There is a reason why people here have been able to do so well--an



Iris L. | [I have Alzheimers](#)
 I wanted to add, since I cannot edit my post, that the proof if the pie is in the eating. Meanin



Iris L. | [I have Alzheimers](#)
 Lane Simonian wrote: There is currently no



Why join?

- Connect with people that understand.
- Post questions and offer solutions.
- Create public and private groups around a dedicated topic.

24/7 Helpline

- Provide compassionate, effective, and timely service
- Referrals to local community programs, services and ongoing support
- Approximately 20% of Helpline staff is bilingual
- We can also provide help in a caller's preferred language using our translation service with more than 200 languages and dialects
- Over 70 agents including general information and referral agents and Master's level clinicians.

24/7 Helpline – Goals

- Maintain at least a 95% service level at all times (calls handled vs. abandoned)
- 90% of calls answered in 60 seconds or less
- Collect demographics from at least 80% of callers
- Collect referral source on at least 90% of calls in order to track physician outreach initiative
- Overall, at least 90% in constituent satisfaction

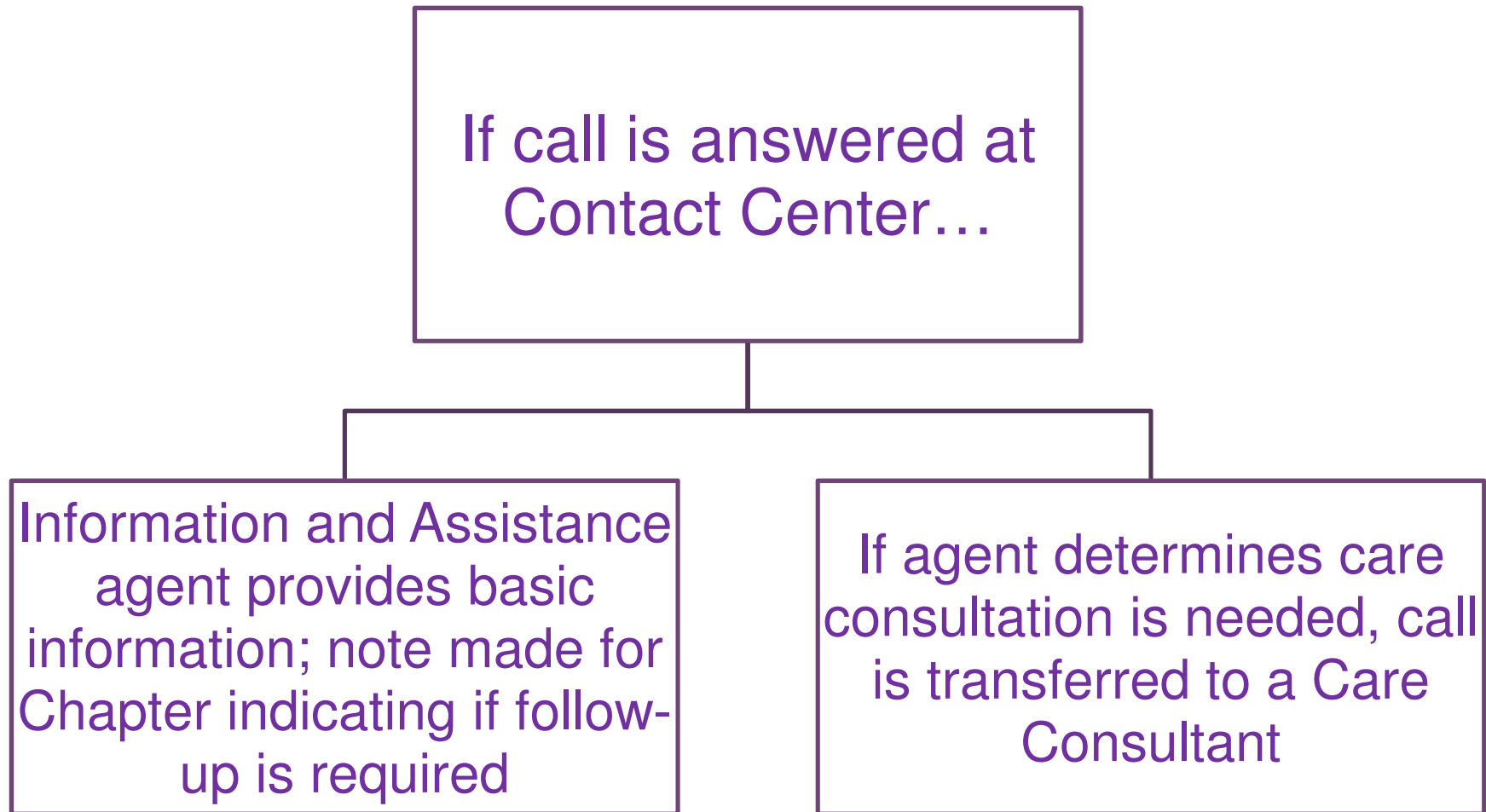
24/7 Helpline – Call Volume

- On average, the national Helpline receives close to 4,000 calls a week
- Compared to this same time last year, the Helpline has received over 60,000 more calls
- The 1-800 number has seen an increase in calls of almost 10% compared to last year

Life of a call



Call answered at Helpline



Information and Assistance Agents

- Assist callers in navigating their decisions
- Provide basic disease education, information and referral support
- Topics include donations, registrations, Alzheimer's Disease or dementia basics, legal, care and housing options, and local resources referrals

Care Consultants

- Confidential care consultation provided by Master's level clinicians who help with decision-making support, crisis assistance and education on issues families face every day
- Provide emotional support, assist with planning and problem solving, and conduct safety assessments
- If necessary, a report is made to Adult Protective Services and/or local first responders are contacted



**ALZHEIMER'S
& BRAIN**
awareness month

alzheimer's  association®

Questions??

Thank you!!