

SUPPORTED DECISION-MAKING: A LISTENING SESSION

Tina M. Campanella
CEO, Quality Trust for Individuals with Disabilities

Morgan K. Whitlatch
Lead Project Director, National Resource Center for Supported Decision-Making!

NATIONAL RESOURCE CENTER ON SUPPORTED DECISION MAKING

- Funded in 2014 by the **Administration on Community Living** and led by **Quality Trust**
- Focused on **Research, Training and Information Sharing** about Supported Decision Making (SDM)
- Addressing the issues **of older people and people with disabilities**
- **Linking** development efforts throughout the country
- www.SupportedDecisionMaking.org

WAIT.....

Let's start with you!!!

GOALS FOR THE PROJECT

- Build **national consensus** on SDM
- **Change attitudes** regarding decision making and capacity
- Identify and develop **principles and tools for interdisciplinary support** across the lifespan for with people of varying abilities, challenges and life situations.
- **Increase collaboration** and information sharing for implementing of SDM principles.
- Bring together **training and technical assistance network** promoting practices consistent with SDM

SUPPORTED DECISION-MAKING

- An approach to assisting people with making life decisions that mirrors how everyone makes decisions.
- Giving people the help they need and want to understand the situations and choices they face, so they can make their own decisions.
- Starts with acknowledging that people with disabilities and older adults have the right to make their own decisions

WHAT'S A LISTENING SESSION?

- An opportunity to learn from the experience of people in the field
- A way to evaluate what has been accomplished and what still needs work
- A strategy for getting input about ways to help more people who are interested to use SDM as a decision-making tool

THE RULES FOR TODAY

- We are here to listen – we can share information – but listening is the primary goal for the session
- There are no wrong answers – we are asking for your input
- All input will be recorded and used
- We are grateful for your time and interest



QUESTION ONE:

What do you think about using Supported Decision-Making (SDM) in your work?

QUESTION TWO:



How has your understanding
and/or use of SDM changed
over time?

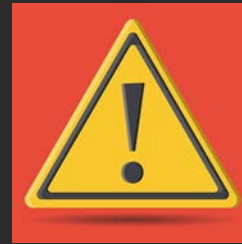
QUESTION THREE:



What challenges have you experienced or do you expect to see with using SDM with the people you support?



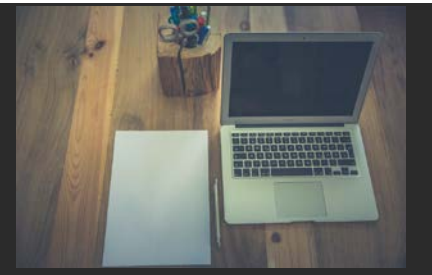
QUESTION FOUR:



What are the biggest barriers you see to using SDM with the people you support?



QUESTION FIVE:



What tools would you like to have to help you use SDM with the people you support?

IN CLOSING. . .

- Supported Decision-Making “**solutions also are different for each person.** Some people need one-on-one support and discussion about the issue at hand. For others, a team approach works best. Some people may benefit from situations being explained pictorially. With supported decision-making the **possibilities are endless.**”

Administration for Community Living, “Preserving the Right to Self-determination: Supported Decision-Making”

TOOLS THAT ADVANCE SDM

- Effective Communication
- Informal or Formal Supports
- Peer Support
- Practical Experiences
- Role Play and Practice
- Life Coaching
- Mediation



SDM TOOLS (CONT.)

■ Written Documents

- Release of Information forms – “HIPAA” or “FERPA”
- Other Written Plans

■ Written Agreements

- Model Forms: <http://supporteddecisionmaking.org/node/390>

■ Supported Decision-Making Guides

- <http://supporteddecisionmaking.org/legal-resource/supported-decision-making-brainstorming-guide>
- <http://www.supporteddecisionmaking.org/sites/default/files/Supported-Decision-Making-Teams-Setting-the-Wheels-in-Motion.pdf>

THINGS TO REMEMBER....

- One strategy won't fit all situations
- Decision-making requires learning and adaptation throughout life
- We all need support sometimes
- The right to make choices is a fundamental human right!!!!



JOIN THE CONVERSATION

National Resource Center for Supported Decision-Making

www.SupportedDecisionMaking.org

202-448-1448

Quality Trust for Individuals with Disabilities

www.DCQualityTrust.Org

Tina M. Campanella TCampanella@DCQualityTrust.org

Morgan K. Whitlatch MWhitlatch@DCQualityTrust.org

*Licensed to Practice Law in D.C. and Maryland

ABOUT THIS PROJECT

This project is supported, in part, by grant number HHS-2014-ACL-AIDD-DM-0084, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.