



### **ADVOCACY**

- Advocacy (Maryland Coalition for Mental Health and Aging)
- Position Statement 35: Aging Well: Policy (Mental Health America)

### **CAREGIVING**

- Family Caregivers Briefcase (American Psychological Association)
- Family Caregiving and Public Policy: Principles for Change (National Alliance for Caregiving)
- VA Caregiver Support (U.S. Dept. of Veteran Affairs)

### **CLINICAL MENTAL HEALTH PRACTICE**

- Standards for Social Work Practice with Caregivers of Older Adults (National Association of Social Workers)
- What Mental Health Providers Should Know About Working with Older Adults (American Psychological Association)

### **COGNITIVE AGING**

- Cognitive Aging: Progress in Understanding and Opportunities for Action (Institute of Medicine)
- Healthy Brain Initiative (CDC)

### **CULTURAL DIVERSITY**

- Multicultural Counseling Competencies and Standards (American Counseling Association)
- Multicultural Competency in Geropsychology (American Psychological Association)
- National Association of State Mental Health Program Directors Older Persons Division (NASMHPD OPD) Language Guidelines

- Standards and Indicators for the Achievement of Cultural Competence in Social Work Practice (National Association of Social Workers)

### **DEMENTIA**

- 2015 Alzheimer's Disease Facts and Figures (Alzheimer's Assoc.)
- 2015 Recommendations of the Public Members of the Advisory Council on Alzheimer's Research, Care, and Services (DHHS)
- Assessment of Older Adults with Diminished Capacity handbooks (ABA/APA)
- National Plan to Address Alzheimer's Disease: 2014 Update (DHHS)
- Principles of Care for Patients With Dementia Resulting From Alzheimer Disease (American Association of Geriatric Psychiatry)

### **ELDER ABUSE**

- Elder Abuse and Neglect: In Search of Solutions (American Psychological Association)
- Frequently Asked Questions about Elder Abuse (National Council on Aging)

### **LGBT AGING**

- Health and Psychosocial Needs of LGBT Older Adults (AIDS Community Research Initiative of America; ACRIA)

### **MEDICARE**

- Medicare and Your Mental Health Benefits (Center for Medicare and Medicaid Services)

## **MENTAL AND BEHAVIORAL HEALTH**

- Aging & Behavioral Health Partnerships – Strategies for SUCCESS! (NCOA)
- Behavioral Health (National Council on Aging)
- "Bring Change 2 Mind" (the Child and Adolescent Bipolar Foundation, Fountain House, and International Mental Health Research Organization)
- Community Integration for Older Adults with Mental Illnesses: Overcoming Barriers and Seizing Opportunities (SAMHSA)
- Depression in Older Adults Fact Sheet (Mental Health America)
- Geriatrics and Mental Health – The Facts (CDC)
- Good Mental Health is Ageless (SAMHSA)
- Meeting the Mental Health Challenges of the Elder-Boom (Geriatric Mental Health Alliance on of New York)
- National Council for Behavioral Health Mental Health First Aid (NCBH)
- Older Adults: Depression and Suicide Facts (NIMH)
- Older Americans Behavioral Health: Issue Brief Series (NCOA)
- Older Americans Behavioral Health: Webinar Series (NCOA)

## **MODEL PRACTICES**

- Caregiver Intervention Database (Rosalynn Carter Institute for Caregiving)
- Caregivers as Partners and Clients of Behavioral Health Service. Issue Brief and Webinar
- Healthy IDEAS and PEARLS: evidence-based community programs for depression identification and management
- National Registry of Evidence-Based Programs and Practices (SAMHSA)

## **SUBSTANCE ABUSE**

- Get Connected! Toolkit: Linking Older Adults with Medication, Alcohol and Mental Health Resources (SAMHSA, AoA and National Council on Aging)
- Older Americans Behavioral Health Issue Brief Series (SAMHSA, AoA/ACL, NCoA)
- Prevention and Management of Alcohol Problems (NCoA)
- Promoting Older Adult Health: Aging Network Partnerships to Address Medication, Alcohol and Mental Health Problems (SAMHSA, AoA and NCOA)
- TIP 26: Substance Abuse Among Older Adults (SAMHSA)

## **SUICIDE PREVENTION**

- Depression and Suicide in Older Adults Resource Guide (American Psychological Association)
- Issue Brief 4: Preventing Suicide in Older Adults (NCoA)
- Pennsylvania Older Adult Suicide Prevention Plan
- Suicide Prevention and Older Adults (NCoA)

## **TRAUMA**

- Consumer Resources
  - <http://www.ptsd.va.gov/public/types/war/ptsd-older-vets.asp>
- Disaster Preparedness Guide for Older Americans (Department of Elder Affairs State of Florida)
- Psychosocial Issues for Older Adults in Disasters (SAMHSA/CMHS) Publication
- PTSD and Older Veterans (VA National Center for PTSD) Professional Resources
  - <http://www.ptsd.va.gov/professional/treatment/older/index.asp>
  - [http://www.ptsd.va.gov/professional/continuing\\_ed/prescribe\\_olderve\\_ts\\_ptsd.asp](http://www.ptsd.va.gov/professional/continuing_ed/prescribe_olderve_ts_ptsd.asp)
  - VA PTSD Consultation Program: <http://www.ptsd.va.gov/professional/consult/>

## **WORKFORCE**

- The Impact of the Older Adult Mental Health Workforce Shortage on the Public Mental Health System
- The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands (Institute of Medicine)

## **GENERAL REPORTS**

- 2014 Mother's Day Report: Keep Calm and Manage Your Future: Long Term Care (OWL)
- In the Arena: How Women and Girls Change the World (OWL)
- Older Americans 2012: Key Indicators of Well-being (Federal Interagency Forum on Aging Related Statistics)
- Our Women Mean Business: Encore Entrepreneurship (OWL)
- Quality of Life (OWL)
- The State of Aging and Health in America 2013 (CDC)

## **OTHER RESOURCES**

- Benefits Check Up (National Council on Aging)
- National Ombudsman Resource Center (NORC)
- Older Adult Technical Assistance Center (Administration for Community Living)