


FY-2012 State Plan on Aging Guidance

A Review of
AoA PI-10-05 and
Program Resources



State Plan Purposes

Planning for Change

The Health Reform Law may influence the way we do business in the future

- http://www.aoa.gov/AoARoot/Aging_Statistics/Health_care_reform.aspx
- http://www.aoa.gov/AoARoot/Aging_Statistics/docs/AoA_Affordable_Care.pdf
- http://www.aoa.gov/AoARoot/Aging_Statistics/docs/November292010.pdf

FY-2012 Focus Areas

A. OAA Core Programs

B. AoA Discretionary Grants

C. Consumer Control and Choice

A. Core Programs

Title III

- Part B - Supportive Services and Senior Centers
- Part C – Nutrition Service
- Part D - Disease Prevention and Health Promotion Services
- Part E - National Family Caregiver Support Program

Title III, Part B

Transportation:

- Is both a service and an issue of access to other essential services
- Is a critical need for caregivers as well
- AoA has been encouraging states to be involved in coordinated transportation efforts
- www.seniortransportation.net

Title III, Part C

State Plans could address

- The SUA Nutrition Program capabilities and capacity
 - The Nutrition Service program purposes found in Section 330
 - The SUA determination of need for nutrition services including
 - Meals
 - Nutrition education
 - Nutrition counseling
 - Nutrition screening and assessment as appropriate

Title III, Part C continued

Plans could address:

- Integration with other Programs/Services
 - OAA Title III, VI, and VII services
 - State/federally funded home and community based long term care, e.g., Medicaid waiver services
 - Federal/State food and nutrition assistance programs, e.g., SNAP
 - AoA discretionary grant programs, e.g., ADRCs, Lifespan Respite
- Use of Data for Planning, e.g., National Survey of OAA Program Participants, SPR, and local performance data, GIS mapping for “unmet need”

Title III, Part D

- Funding to provide DPHP at multipurpose senior centers, congregate meal sites, through home delivered meals programs, or at other appropriate sites
- AoA is encouraging States to use evidence-based approaches

<http://www.healthyagingprograms.org/>

Title III, Part E

NFCSP

- States have been developing multi-faceted caregiver support programs
- Where possible, evidence-based caregiver interventions may be considered
- www.caregiver.org

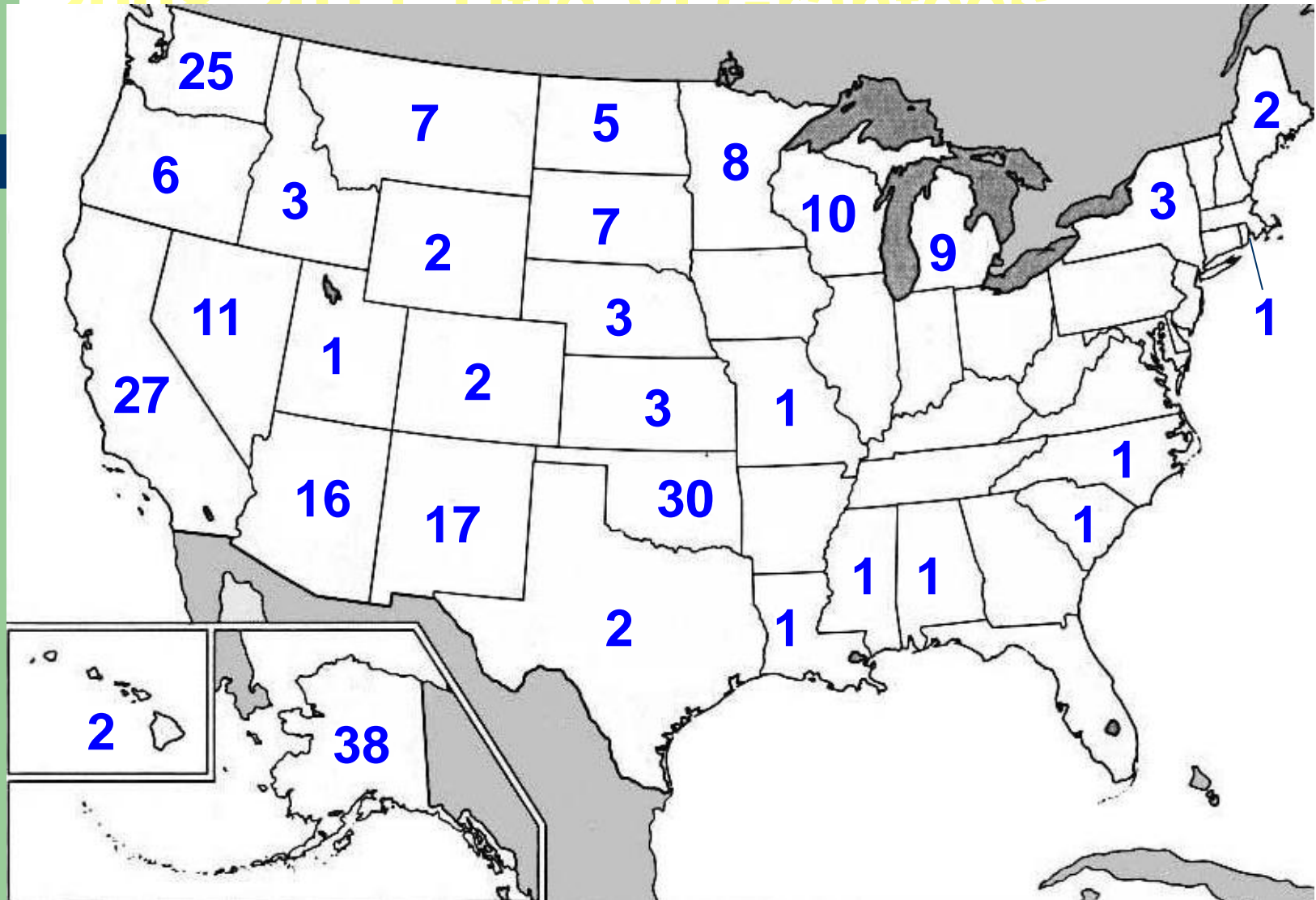
A. OAA Core Programs

Title VI

Resource Centers for Older Indians, Alaska Natives, and Native Hawaiians help promote Title III/VI Coordination

- <http://ruralhealth.und.edu/projects/nrcnaa/>
- <http://elders.uaa.alaska.edu/>
- <http://manoa.hawaii.edu/hakupuna/>

2009-2011 Title VI Grantees



A. OAA Core Programs

Title VII

- Long-Term Care Ombudsman
- Elder Abuse Prevention
- Legal Services Development

Elder Rights Section of State Plan

- AoA's Strategic Goal 4: Ensure the rights of older people and prevent their abuse, neglect, and exploitation.
- Section 705(a)(7) of the OAA calls for the State agency to describe the manner in which it will carry out Title VII
- Plan should address:
 - Coordination and linkages among the states' elder rights programs –LTC Ombudsman, Elder Abuse & Legal Services
 - Integration of elder rights into the larger context of aging service delivery
 - Elder rights program activities provided both by the SUA and outside organizations
 - Outcomes, success stories, and impacts where possible

Long-Term Care Ombudsman

Plans should address how the state:

- Operates and meets the LTCO program requirements in the OAA (including how the State assures performance of requirements when the LTCO program is not housed within the SUA)
- Integrates LTCO plans into the broader Elder Rights context – as well as coordination with other aging services where applicable (for example, where does the LTCO help the SUA meet its objectives related to core programs and/or consumer control and choice?)
- Expects to measure the results of its goals and objectives.

Additional Resources for Planning:

- “State Long-Term Care Ombudsman Participation in State Unit on Aging Plans”
www.nasuad.org/documentation/tasc/State_ltc_ombudsman_participation_in_SUA_plans.pdf

Elder Abuse Prevention

- **At a minimum, the plan would identify:**
 - **How Sec. 721 funds will be used**
 - **Coordination with other elder abuse prevention activities in the state (a.k.a. = “leveraging”)**
 - **Outcome measures that show the impact or benefit of the activity**

- **Examples:**
 1. **Trainings, new MOUs, partnerships, etc. to increase capacity of state to respond quickly and effectively to abuse, neglect, and exploitation.**
 2. **Conducting an inventory of available services and providers to identify system gaps or needs, and targeting Sec 721 to address those needs.**

Legal Assistance Development

- **Statutory Authority**
 - Title III, section 307(a)(13)
 - Title VII, section 731
- **State plan should include Legal Assistance Developer (LAD)**
- **LAD activities could include legal service delivery “systems building” activities, such as:**
 - Helping with statewide legal needs and capacity assessments
 - Implementing effective targeting and outreach strategies
 - Developing statewide reporting systems that track legal program outcomes
 - Helping to develop legal service delivery standards that ensure quality and consistent service state wide.

B. AoA Discretionary Grants

- Aging and Disability Resource Centers (ADRCs)
- Alzheimer's Disease Supportive Services Program (ADSSP)
- Lifespan Respite
- Evidence-Based Disease and Disability Prevention Program

ADRC 5 Year Plan for Sustainability

- Requirement of 2009 ADRC Solicitation (49 State & Territory Grant Recipients)
- Plan is Due – March 2011
- States encouraged to incorporate their 5 Year Plan as part of their State Aging Plan
- 5 Year Plan Consists of 3 Main Focus Areas
 - Defining roles/responsibilities of partners
 - Describing sustainable strategies to achieve statewide coverage
 - Outlining budget/resources needed to achieve goal

Resources

5 Year Plan Development

- NASUAD TASC Planning Zone
- www.adrc-tae.org
(ADRC Technical Assistance Website)
- AoA National Conference in
Baltimore, MD February 14-17
- AoA Staff (Regional/Central Staff)

Lifespan Respite

- Lifespan Respite Care Program
- 7 of the states doing State Plans for 2012 are Lifespan states
- The Program can be a catalyst for better meeting the needs of caregivers
- <http://www.archrespite.org/ta-center-for-respite>

ADSSP Grants and Dementia-Capability

- ADSSP lessons learned/best practices
- State Plans on Alzheimer's/Dementia
- Embedding dementia-capability in your Aging Network

- Does your state have an ADSSP grant?
 - February 16, 2010
 - 3-4 PM EST
 - ADSSP, State Plans on Aging and State Plans on Alzheimer's and/or Dementia
 - <http://www.adrc-tae.org/tiki-index.php?page=AlzEvents>

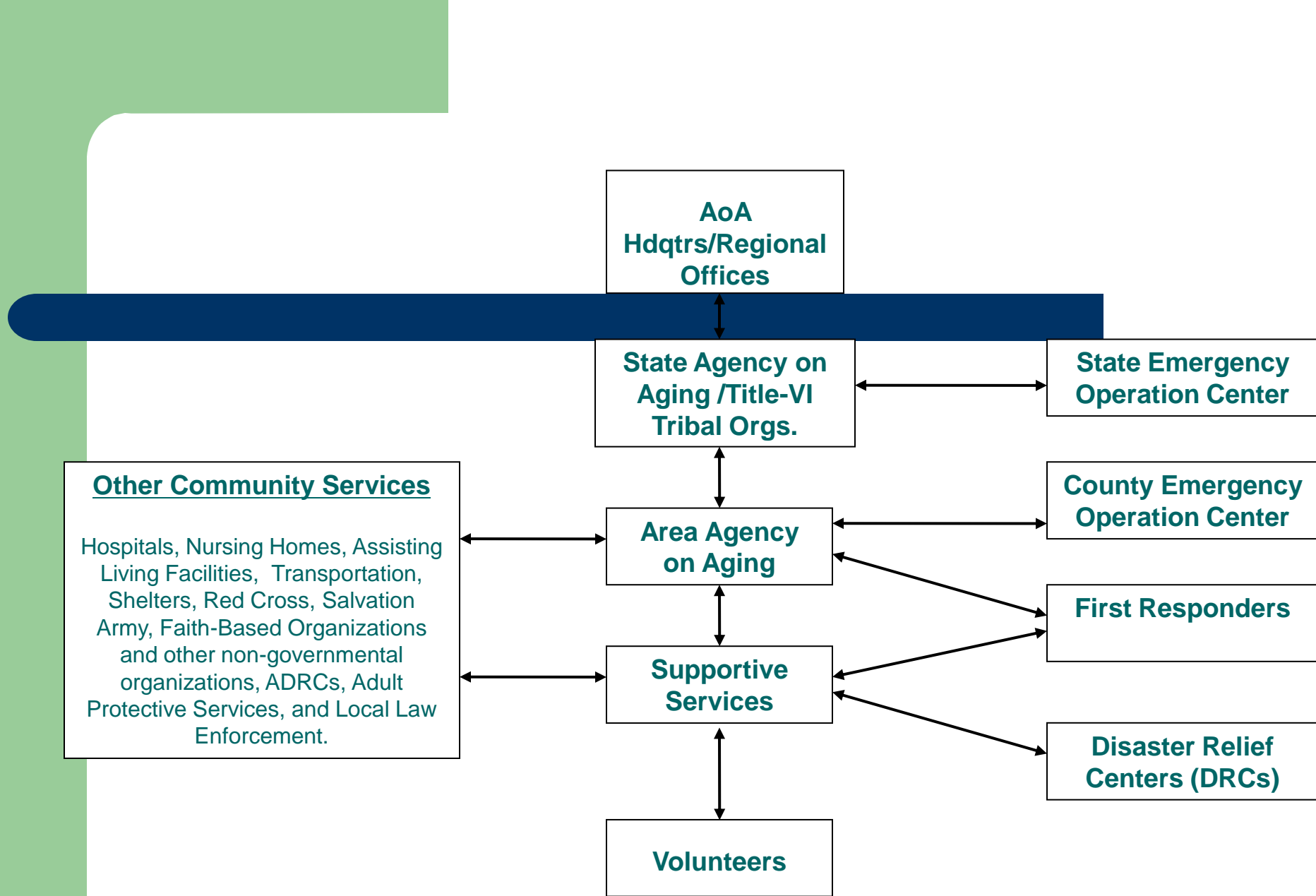
C. Consumer Control and Choice

- Self-Directed Care is an approach to providing LTC services that are planned, budgeted, and purchased under the direction and control of the individual. (from OAA Sec. 102.46)
- Veterans Directed Home and Community Based Service Program an example of self-directed care. AAAs contract with Veterans Administration Medical Centers (VAMCs) to provide consumer directed long-term care services to Veterans of all ages.
Information and resources for this program can be found at <http://www.adrc-tae.org/tiki-index.php?page=NewVDHCBS>.
- Additional information may be accessed at National Resource Center for Participant Directed Services – <http://www.bc.edu/schools/gssw/nrcpds/>

State Plan Assurances, Provisions and Information Requirements

Emergency Preparedness Plans Resources

- Aging Represented in National Preparedness Network
- Emergency Preparedness Plan Checklist
- Statutory Citations
- Emergency Readiness and Response/Area Agencies on Aging Survey



For Additional Information

Contact Your Regional Office Representative

<http://www.aoa.gov/AoARoot/About/Organization/regional.aspx>