## State of Connecticut Partnerships



Independence North West
Department of Developmental Services



A Disability Advocacy and Resource Center





#### Overview of ADRC in CT



Aging and Disability Resource Centers (ADRCs) serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports.

Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.

#### **Overview DDS CT**



- DDS CT serves Individuals with Intellectual Disability,
   Developmental Disabilities, Autism(2006) and Prader Willi Syndrome
- 21,000 individuals across the lifespan
- 5000+ Birth to Three
- 16,000 three and older
- 10,000 approximately receiving services under HCBS waivers
- Most individuals receive their services in a family or own home
- Operates 4 different waivers
- Case management provided by Public staff

#### Vision



Common vision among many stakeholders – integrated supports and services regardless of age and disability.

## **External Forces can lead to Collaboration and Partnerships**





- Supreme Court decisions, Affordable Care Act and other rulings
- Increasing preferences for community living
- Increased quality of life for those who choose to and transition to community after nursing home stay
- Increasing preference for employment
- Increasing availability of technology
- Increasing aging population relative to population under 65
- Increasing cost relative to Medicaid budget

### How will trends impact future?



CT worked with Mercer Consulting they prepared a report documenting projections at a town level to assure our decisions are 'data driven'.

## Why is this important?



Each town or group of towns in Connecticut will have a long-term care compendium of supports and services.

#### **Stakeholders**



**Providers Participants** Nursing facilities **Elders** Hospitals Persons with disabilities Home care Advocates Steering Committee State agencies Dept of Public Health Resources

> Federal government **Foundations** Not-for profits- ADRCS State taxpayers University

Dept of Developmental Services

Dept of Mental Health and Addiction Services

Department of Rehabilitation Services

Dept of Economic and Community Development

Office of Policy and Management

State Department on Aging

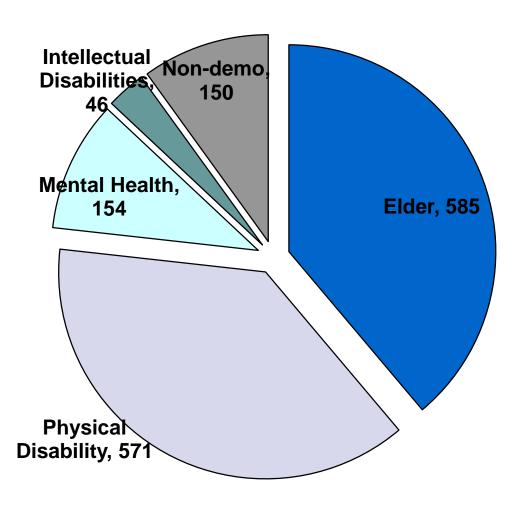
## **Opportunities**



- Strong network of providers;
- Federal grants;
- Assistive Technology;
- Synergistic partnerships
- Specific examples of partnerships

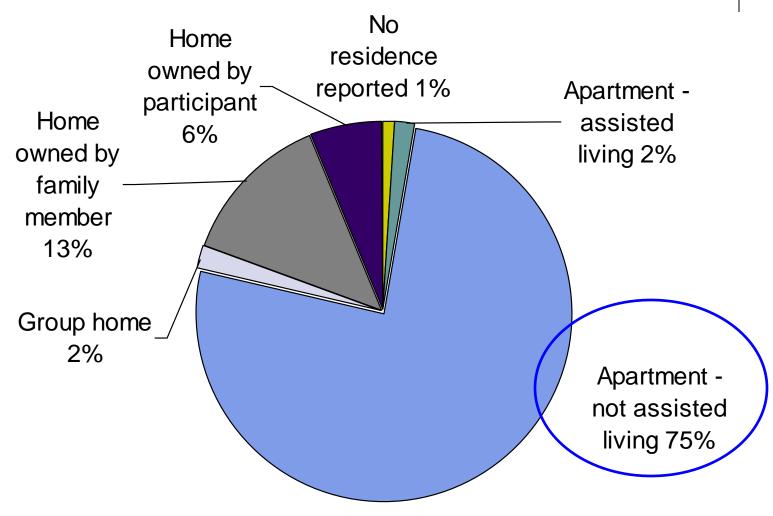
#### MFP has helped us partner!





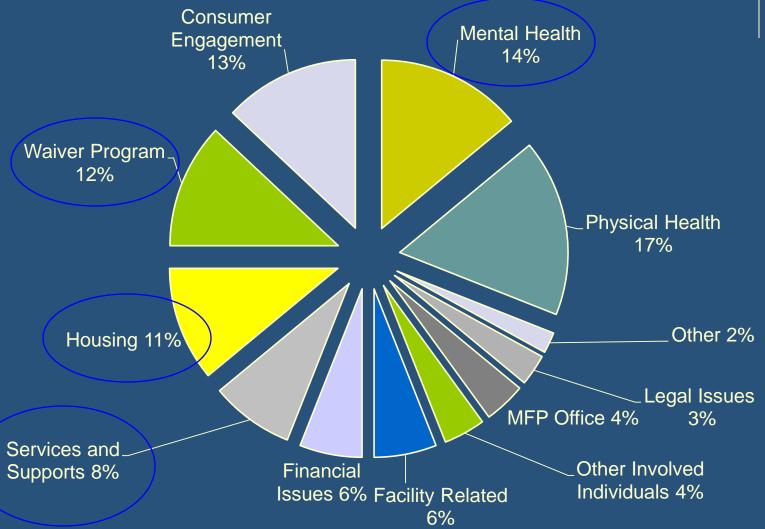
# Where do MFP Participants Choose to Live?





### **Transition Challenge Categories**





#### What is CT doing?



- Create parity across age and disability resources based on functional support needs rather than diagnosis
  - Create common comprehensive assessment
- Close service gaps and improve existing services or identify new services to better serve the needs of all populations
  - Integrate employment into home and community based services
- Create mechanisms to ensure quality in the care provided through HCBS
  - Assure conflict free case management
- Build, improve quality of provider networks aligned with the principles of person centered planning
  - Informed risk

## **Next Steps**



What will your community look like?

How will we create a partnership?

#### **Contact information**



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